

Bib	LastName	FirstName	Club	AgeGroup	Run1	T1	Bike	T2	Run2	Finish	Position	AgeRank	M/FRank
23	Ellison	Phil	St.Helens Tri	Male 35-39	19:16.3	00:42.4	40:24.9	00:25.8	19:27.1	1:20:16.3	1	1	1
9	Bee	Robert		Male 40-44	19:15.4	00:39.4	40:31.4	00:33.6	19:40.7	1:20:40.2	2	1	2
58	Ormerod	Grant		Male 35-39	19:32.0	00:20.2	43:01.3	00:26.8	20:20.7	1:23:40.7	3	2	3
63	Pickering	Thomas	Manchester Triathlon Club	Male 25-29	19:39.8	00:40.2	41:34.3	00:39.9	21:28.8	1:24:02.8	4	1	4
53	Moss	Henry	Lancaster Univeristy Triathlon Club	Male 20-24	19:28.6	00:37.8	44:56.7	00:44.7	21:21.2	1:27:08.8	5	1	5
41	Johnson	Andy		Male 30-34	20:06.4	00:32.9	44:55.3	00:29.6	21:45.5	1:27:49.5	6	1	6
70	Ryder	David	HIGH PEAK CYCLES	Male 40-44	20:24.7	00:45.6	45:14.9	00:50.2	23:06.4	1:30:21.6	7	2	7
79	Targett	Paul	PENDLE FOREST CC	Male 50-54	21:10.7	01:53.5	44:21.4	01:28.8	22:49.6	1:31:43.9	8	1	8
77	Sullivan	Steven		Male 35-39	20:31.1	00:39.0	48:03.0	00:43.7	22:42.5	1:32:39.0	9	3	9
37	Hodgson	Benjamin		Male 30-34	20:36.8	00:24.0	50:35.7	00:19.2	21:13.4	1:33:08.8	10	2	10
81	Taylor	Paul	Darwen Triathlon Club	Male 45-49	22:39.2	00:46.5	45:26.0	00:34.2	23:47.9	1:33:13.5	11	1	11
39	Jameson	Barry	Tri4u Coaching	Male 60-64	22:28.7	00:28.9	47:11.4	00:21.6	22:45.3	1:33:15.6	12	1	12
86	Todd	Adam	Rossendale	Male 30-34	21:11.5	00:47.4	48:52.9	00:54.8	22:20.1	1:34:06.6	13	3	13
44	Jones	Rach		Female 45-49	20:52.3	00:32.7	50:34.1	00:41.0	21:47.1	1:34:27.1	14	1	1
92	Waite	John	Carlisle tri club	Male 35-39	22:25.8	01:00.2	47:30.8	01:13.1	23:18.6	1:35:28.3	15	4	14
35	Hayton	Tye		Male 45-49	22:49.8	00:56.2	48:10.6	00:47.7	23:04.2	1:35:48.2	16	2	15
95	Wilkinson	Garry		Male 50-54	20:52.9	01:01.1	51:19.0	00:50.6	21:50.9	1:35:54.3	17	2	16
1	Abbott	Craig		Male 35-39	23:24.2	01:10.2	46:25.9	01:17.2	24:12.2	1:36:29.4	18	5	17
64	Pollack	Steven	Tri-life triathlon team Hartlepool	Male 35-39	21:30.7	00:42.9	49:12.5	00:52.9	24:43.5	1:37:02.2	19	6	18
74	Smith	Jack	Lancaster University Triathlon Club	Male 20-24	22:24.9	01:04.9	49:02.2	01:15.8	24:00.0	1:37:47.7	20	2	19
30	Hardingham	Lee		Male 30-34	21:59.5	00:30.3	52:52.5	00:26.7	22:56.6	1:38:45.5	21	4	20
96	Williams	Dave	Tri Preston	Male 25-29	23:05.3	00:59.2	49:03.9	01:06.9	24:51.1	1:39:06.3	22	2	21
43	Johnstone	William	Preston Harriers	Male 50-54	23:19.5	01:03.7	49:57.9	00:54.1	24:47.5	1:40:02.6	23	3	22
40	Jeff	Rachel		Female 35-39	23:49.3	01:34.8	49:02.1	01:26.3	24:13.3	1:40:05.6	24	1	2
94	Whelan	Amy	Ulverston Tri Club	Female 25-29	22:20.5	01:13.0	52:13.4	01:28.0	23:17.6	1:40:32.3	25	1	3
66	Richardson	Gareth		Male 40-44	25:01.6	00:44.5	49:33.2	00:42.3	24:44.4	1:40:45.7	26	3	23
47	Lomas	Shaun		Male 25-29	21:46.0	01:06.0	53:57.9	01:28.5	22:31.1	1:40:49.3	27	3	24
50	Marshall	Adam	Team Marshall	Male 35-39	24:01.8	00:55.9	49:27.4	01:02.8	26:08.1	1:41:35.8	28	7	25
88	Tyson	Richard	Cumbria Tri / Rock 2 Roll Cycles	Male 50-54	24:26.2	01:13.7	49:53.4	00:59.0	25:13.9	1:41:45.9	29	4	26
90	Vernon	Daniel		Male 40-44	21:54.8	01:14.1	53:30.5	01:13.5	23:59.9	1:41:52.6	30	4	27
75	Spamer	Stephen	Bolton Tri Team	Male 45-49	24:20.1	00:29.7	51:49.2	00:32.1	25:05.0	1:42:15.9	31	3	28
10	Belcher	William		Male 55-59	26:04.3	00:41.7	47:22.0	00:49.1	27:26.0	1:42:22.8	32	1	29
46	Lauder	Bob	Fylde Coast Runners	Male 55-59	23:36.4	00:59.1	53:19.2	01:05.1	23:48.4	1:42:47.9	33	2	30
68	Rushton	Alison	Preston Harriers	Female 45-49	24:41.9	00:53.9	49:50.9	00:37.5	26:58.6	1:43:02.5	34	2	4
25	Finlay	Oliver	Lancaster University Triathlon Club	Male 20-24	23:52.3	00:49.8	51:35.3	00:49.6	26:11.1	1:43:17.9	35	3	31
29	Gillard	Paul		Male 30-34	23:31.5	00:53.7	51:42.8	00:59.8	26:17.4	1:43:25.0	36	5	32
67	Roberts	Stephen	Kendal AAC	Male 45-49	23:33.8	00:51.0	52:31.8	00:56.1	25:41.8	1:43:34.2	37	4	33
5	Barry	Dan		Male 45-49	24:56.3	02:15.3	51:52.9	01:46.5	25:08.9	1:45:59.8	38	5	34
16	Cowing	Paul	Carlisle Tri club	Male 40-44	25:00.5	00:56.8	50:44.2	00:38.0	29:02.1	1:46:21.4	39	5	35
61	Pettengell	Geoff	Mow Cop Runners	Male 55-59	24:33.9	01:17.8	52:04.5	00:53.8	27:50.8	1:46:40.6	40	3	36
57	Openshaw	Russell		Male 40-44	25:17.7	01:10.7	53:01.8	01:20.6	26:59.1	1:47:49.6	41	6	37
42	Johnston	Fiona		Female 50-54	25:44.4	02:02.4	51:50.2	01:43.6	26:40.9	1:48:01.3	42	1	5
33	Harper	Shaun		Male 45-49	25:54.7	01:24.6	52:18.7	00:52.7	27:43.0	1:48:13.5	43	6	38
78	Sutton	John	COLT	Male 50-54	26:57.8	01:39.1	51:52.6	01:31.9	26:54.3	1:48:55.6	44	5	39
27	Froggatt	Antony		Male 50-54	25:41.9	00:29.9	56:23.6	00:35.4	25:51.8	1:49:02.3	45	6	40
14	Christian	Scott		Male 40-44	25:19.9	01:00.6	53:56.8	01:01.4	28:25.3	1:49:43.7	46	7	41
15	Connell	Terry		Male 45-49	25:18.5	01:33.6	53:37.3	01:28.6	27:51.2	1:49:49.0	47	7	42
7	Beardsworth	Ryan	Red Rose Runners	Male 55-59	25:16.9	01:54.0	55:03.2	00:53.8	27:04.6	1:50:12.2	48	4	43
8	Beasley	Jenny		Female 35-39	24:04.9	01:45.4	58:00.4	01:22.8	25:34.0	1:50:47.1	49	2	6
76	Stevenson	Harry		Male 45-49	24:26.2	01:39.2	54:54.9	01:33.4	28:43.7	1:51:17.2	50	8	44
99	Parr	Trevor		Male 15-19	26:56.3	00:32.3	53:55.5	00:43.6	29:53.1	1:52:00.7	51	1	45
38	Houterman	Emma	Darwen Triathlon Club	Female 30-34	28:10.6	00:57.0	50:07.3	01:01.7	31:44.8	1:52:01.2	52	1	7
49	MacSymons	Richard		Male 35-39	25:13.4	01:24.9	57:05.0	00:59.6	27:39.8	1:52:22.5	53	8	46
31	Hale	Andy	Red rose road runners	Male 40-44	23:51.6	01:27.5	1:00:20.8	00:43.4	27:02.8	1:53:26.0	54	8	47
22	Dry	Hannah		Female 20-24	26:40.6	00:44.2	56:26.2	00:31.5	30:22.3	1:54:44.6	55	1	8
12	Brotten	Ryan		Male 30-34	22:33.7	01:08.6	57:58.9	01:45.5	31:20.9	1:54:47.3	56	6	48
2	Anderson	Shaun	North East JiuJitsu	Male 30-34	28:11.6	01:11.9	54:56.1	00:58.0	30:18.6	1:55:35.9	57	7	49
45	Lambert	Hannah	Team Evolving	Female 35-39	27:03.5	00:52.2	57:40.3	00:55.2	30:13.1	1:56:44.2	58	3	9
34	Hartley	Charlotte	Team Evolving	Female 40-44	27:28.4	01:02.3	58:35.8	00:53.8	28:44.4	1:56:44.5	59	1	10
48	Lynch	Brian		Male 45-49	27:39.2	00:24.9	57:41.8	00:29.5	31:07.6	1:57:22.9	60	9	50
11	Bland	James		Male 20-24	26:24.4	01:03.8	59:54.2	01:19.0	31:28.1	2:00:09.2	61	4	51

