

True Mountain Coniston Standard Tri Preliminary Results 2016

Bib	FirstName	LastName	Club	Cat	Sex	Swimming	Swim Rank	T1 Run	T1	Bike	Bike Rank	T2	Run	Run Rank	Finish	Rank	Cat	Sex
30	Kie	Jackson	Ulverston Tri Club	Male Senior	m	0:23:49.7	11	0:05:20.6	0:00:51.7	1:12:59.0	1	0:00:34.0	0:43:18.1	11	2:26:52.8	1	1	1
52	Chris	Morley	NE31Tri	Male Vet	m	0:25:30.9	29	0:04:41.4	0:00:42.6	1:16:26.8	5	0:00:33.8	0:39:48.6	3	2:27:43.9	2	1	2
61	Tim	Roberts		Male Senior	m	0:20:20.9	2	0:05:30.7	0:00:56.6	1:16:37.1	7	0:00:43.3	0:44:15.8	12	2:28:24.1	3	2	3
67	Andrew	Scott	Durham University Tri Club	Male Senior	m	0:20:30.4	4	0:05:23.1	0:00:39.8	1:22:43.1	19	0:00:24.7	0:38:55.5	2	2:28:36.3	4	3	4
29	Benjamin	Hodgson		Male Senior	m	0:25:21.9	28	0:05:02.3	0:00:20.0	1:16:32.4	6	0:00:17.0	0:41:37.4	7	2:29:10.8	5	4	5
17	Fraser	Easton		Male Senior	m	0:22:01.1	5	0:05:25.8	0:01:25.8	1:18:09.0	11	0:00:42.8	0:41:46.3	8	2:29:30.6	6	5	6
35	Alexander	Kemp		Male Senior	m	0:22:15.4	7	0:04:56.0	0:00:44.6	1:16:50.9	8	0:00:43.7	0:44:24.3	13	2:29:54.6	7	6	7
2	Robert	Atkinson	Ulverston Tri Club	Male Vet	m	0:30:25.3	56	0:04:47.5	0:00:27.1	1:15:37.6	3	0:00:36.0	0:38:01.3	1	2:29:54.6	8	2	8
32	Robert	Johnson	Honey Badger Gym	Male Senior	m	0:26:53.0	39	0:05:07.4	0:01:34.1	1:15:14.3	2	0:01:09.8	0:40:41.8	4	2:30:40.1	9	7	9
57	Martin	Oldfield		Male Vet	m	0:27:26.5	46	0:05:25.1	0:00:46.8	1:15:55.1	4	0:00:37.8	0:41:25.6	6	2:31:36.6	10	3	10
28	Candice	Heys		Female Senior	w	0:22:03.6	6	0:05:19.4	0:00:37.7	1:22:44.0	20	0:00:44.3	0:42:31.8	9	2:34:00.6	11	1	1
3	Tim	Austin	Kendal Tri Club	Male Senior	m	0:27:36.0	47	0:05:34.2	0:01:24.9	1:17:22.4	10	0:00:58.8	0:41:23.6	5	2:34:19.8	12	8	11
53	Lauren	Munro- Bennet		Female Senior	w	0:20:06.8	1	0:05:45.9	0:00:59.8	1:22:31.2	18	0:00:22.6	0:46:02.4	18	2:35:48.4	13	2	2
10	Barry	Cleminson	Tri Preston	Male Senior	m	0:23:06.7	9	0:05:51.0	0:01:05.7	1:21:19.2	16	0:00:45.1	0:46:40.1	19	2:38:47.5	14	9	12
41	Scott	Lindsay	Tri Preston	Male Vet	m	0:28:43.8	53	0:05:42.5	0:00:58.6	1:16:51.9	9	0:00:41.9	0:45:49.7	16	2:38:48.2	15	4	13
11	Peter	Coates	Ribble Valley Tri Club	Male Senior	m	0:24:26.0	16	0:05:38.5	0:01:08.5	1:22:48.9	22	0:00:56.4	0:45:04.8	14	2:40:02.9	16	10	14
54	John	Murphy	CC London	Male Senior	m	0:20:29.3	3	0:06:08.7	0:00:59.9	1:19:21.7	13	0:01:02.6	0:52:26.8	46	2:40:28.7	17	11	15
34	Thomas	Jones	COLT	Male Senior	m	0:24:52.5	23	0:05:33.4	0:00:44.0	1:22:47.2	21	0:00:31.8	0:47:37.8	24	2:42:06.5	18	12	16
20	William	Garner	Tri Preston	Male Vet	m	0:24:29.3	17	0:06:07.3	0:01:14.9	1:20:18.8	15	0:01:00.0	0:49:19.0	36	2:42:29.1	19	5	17
37	Alexandra	Kilcoyne		Female Senior	w	0:22:20.8	8	0:06:03.3	0:00:57.4	1:25:14.6	29	0:00:33.0	0:47:46.1	26	2:42:55.0	20	3	3
69	Martin	Souter	Arragons Cumbria Tri Club	Male Senior	m	0:24:52.0	22	0:05:23.3	0:01:39.1	1:28:04.1	40	0:00:50.1	0:42:46.5	10	2:43:34.9	21	13	18
14	Jamie	Crossan	West Cumbria Tri	Male Senior	m	0:26:52.7	38	0:06:08.5	0:01:04.5	1:19:51.5	14	0:00:50.1	0:48:51.9	31	2:43:38.9	22	14	19
55	Cian	Nutt	Ulverston Tri Club	Male Senior	m	0:26:55.3	40	0:05:36.6	0:01:29.2	1:22:55.1	23	0:00:39.6	0:46:54.9	20	2:44:30.5	23	15	20
26	Matthew	Hartley		Male Vet	m	0:23:25.1	10	0:06:18.0	0:01:29.1	1:19:16.0	12	0:01:22.4	0:53:01.7	49	2:44:52.1	24	6	21
70	Graham	Sumbler	Tri Lakeland	Male Senior	m	0:25:04.8	26	0:05:27.8	0:00:56.3	1:23:51.5	24	0:00:44.7	0:48:52.3	32	2:44:57.1	25	16	22
66	Anthony	Rooney	Carlisle Tri	Male Vet	m	0:23:50.4	12	0:06:17.3	0:01:24.6	1:26:45.5	35	0:00:59.0	0:45:49.4	15	2:45:05.9	26	7	23
71	Judith	Wall	Manchester Tri Club	Female Vet	w	0:24:00.4	14	0:05:40.1	0:01:04.1	1:27:46.5	38	0:00:49.7	0:47:25.0	21	2:46:45.6	27	1	4
6	Simon	Blunden	Kendal Tri Club	Male Senior	m	0:25:38.0	32	0:06:23.5	0:02:48.9	1:21:20.7	17	0:01:45.1	0:48:51.0	30	2:46:46.9	28	17	24
39	Matt	Knagg	Ulverston Tri Club	Male Senior	m	0:24:32.1	19	0:05:44.7	0:01:24.1	1:27:14.1	36	0:01:03.0	0:47:44.5	25	2:47:42.2	29	18	25
19	Mike	Ellis		Male Senior	m	0:24:33.5	20	0:05:42.8	0:01:00.7	1:27:50.9	39	0:00:59.9	0:47:49.8	27	2:47:57.5	30	19	26
27	Jim	Hester		Male Senior	m	0:25:36.2	31	0:06:37.3	0:01:25.0	1:26:19.4	33	0:00:50.1	0:47:31.8	22	2:48:19.6	31	20	27
100	Peter	Ward	COLT	Male Vet	m	0:25:55.5	33	0:06:08.4	0:01:51.9	1:24:54.7	28	0:01:38.1	0:48:38.7	29	2:49:07.0	32	8	28
73	Mhairi	Wear		Female Vet	w	0:26:58.8	41	0:06:32.5	0:00:58.1	1:24:50.0	27	0:00:52.4	0:49:21.3	38	2:49:32.9	33	2	5
8	Danny	Burns	Ulverston Tri Club	Male Vet	m	0:34:18.6	69	0:05:33.8	0:01:00.7	1:24:19.6	26	0:00:43.2	0:46:00.6	17	2:51:56.2	34	9	29
25	Sonia	Harris	Manchester Tri Club	Female Vet	w	0:24:55.5	24	0:06:41.2	0:00:42.0	1:24:00.3	25	0:00:32.4	0:55:26.8	52	2:52:17.9	35	3	6
56	Stuart	O'Connor		Male Vet	m	0:25:02.6	25	0:06:15.7	0:01:01.5	1:30:41.4	46	0:00:41.4	0:49:01.8	33	2:52:44.1	36	10	30
58	Ryan	Parkinson		Male Senior	m	0:27:23.0	45	0:07:39.7	0:01:43.3	1:26:05.7	32	0:00:51.4	0:49:16.8	35	2:52:59.7	37	21	31
78	Elsie	Roberts	Ulverston Tri Club	Female Senior	w	0:27:03.0	42	0:06:27.9	0:01:12.2	1:30:02.4	43	0:02:01.1	0:48:34.4	28	2:55:20.9	38	4	7
42	Mark	Loates	Bolton Tri	Male Vet	m	0:25:08.4	27	0:06:34.8	0:01:27.4	1:33:21.2	52	0:01:05.6	0:49:15.9	34	2:56:52.9	39	11	32
50	Brett	Moore	Tempest Tri	Male Senior	m	0:27:18.8	44	0:08:22.5	0:02:51.4	1:25:42.2	30	0:02:14.4	0:50:43.4	41	2:57:12.3	40	22	33
65	Steven	Rogerson		Male Senior	m	0:31:35.2	61	0:06:59.9	0:01:56.1	1:26:00.0	31	0:01:30.8	0:50:55.5	43	2:58:57.4	41	23	34
64	Benjamin	Robson		Male Vet	m	0:28:35.4	52	0:06:33.6	0:01:07.6	1:29:24.6	42	0:01:00.9	0:54:47.7	50	3:01:29.6	42	12	35
48	Nicola	Mellor		Female Vet	w	0:26:30.3	34	0:07:01.5	0:01:57.4	1:34:34.2	54	0:01:14.7	0:50:21.4	39	3:01:39.3	43	4	8
15	Matt	Davies	Ulverston Tri Club	Male Vet	m	0:33:47.4	67	0:06:41.6	0:00:44.2	1:28:56.9	41	0:00:36.9	0:51:18.2	44	3:02:04.9	44	13	36
43	Simon	Lock		Male Senior	m	0:33:55.7	68	0:05:57.5	0:01:20.6	1:30:25.2	44	0:01:13.3	0:50:52.5	42	3:03:44.4	45	24	37
60	Tom	Quinn		Male Senior	m	0:28:12.7	51	0:09:06.4	0:01:00.0	1:31:28.3	48	0:02:45.1	0:51:24.7	45	3:03:57.0	46	25	38
13	Elizabeth	Coleclough		Female Senior	w	0:27:05.2	43	0:07:07.9	0:00:59.3	1:40:42.1	65	0:00:27.0	0:47:36.0	23	3:03:57.3	47	5	9
5	Peter	Blackburn	Ulverston Tri Club	Male Vet	m	0:32:16.5	66	0:07:55.1	0:01:00.0	1:27:29.6	37	0:00:41.0	0:55:17.2	51	3:04:39.2	48	14	39
31	Chris	James	University of Exeter Tri Club	Male Senior	m	0:24:34.5	21	0:08:27.1	0:00:59.9	1:32:03.5	49	0:01:12.9	0:58:14.2	59	3:05:31.7	49	26	40
40	Bob	Lauder		Male Vet	m	0:36:51.2	72	0:05:50.9	0:01:24.3	1:30:48.8	47	0:01:01.7	0:50:28.0	40	3:06:24.6	50	15	41
24	Ruth	Harris		Female Senior	w	0:24:30.0	18	0:06:53.5	0:01:17.9	1:36:37.4	58	0:00:58.9	0:56:45.9	56	3:07:03.3	51	6	10
47	David	McGuinness	Dark Peak Fell Runners	Male Vet	m	0:31:02.1	59	0:07:34.1	0:02:38.2	1:26:22.5	34	0:03:14.1	0:56:22.7	55	3:07:13.3	52	16	42
21	Mike	Gibson		Male Senior	m	0:30:57.7	58	0:05:47.3	0:01:39.4	1:35:54.7	57	0:01:00.7	0:52:53.6	48	3:08:13.2	53	27	43
49	Tracey	Middleton	Ayrodynamic	Female Vet	w	0:23:53.5	13	0:07:06.3	0:01:14.7	1:34:43.2	55	0:00:53.5	1:01:21.6	66	3:09:12.6	54	5	11
33	Tim	Johnson		Male Senior	m	0:32:02.5	64	0:06:09.1	0:01:13.8	1:38:37.6	62	0:00:40.4	0:52:45.7	47	3:11:28.8	55	28	44
7	Claire	Bunce	Tri Preston	Female Senior	w	0:26:45.4	36	0:06:22.9	0:01:31.2	1:46:40.3	71	0:00:57.4	0:49:20.0	37	3:11:36.9	56	7	12

True Mountain Coniston Standard Tri Preliminary Results 2016

Bib	FirstName	LastName	Club	Cat	Sex	Swimming	Swim Rank	T1 Run	T1	Bike	Bike Rank	T2	Run	Run Rank	Finish	Rank	Cat	Sex
38	Leonie	Kirk		Female Senior	w	0:26:45.6	37	0:07:12.5	0:01:40.6	1:38:16.4	61	0:01:03.8	0:57:01.6	57	3:12:00.4	57	8	13
68	Trevor	Slater		Male Vet	m	0:26:40.1	35	0:09:26.0	0:01:32.6	1:34:08.8	53	0:01:26.8	0:58:58.2	60	3:12:12.3	58	17	45
46	Gina	McCabe	Trawdwn AC	Female Senior	w	0:29:37.4	55	0:07:15.0	0:01:51.2	1:32:06.4	50	0:01:34.1	0:59:56.1	63	3:12:19.9	59	9	14
23	Ann	Griffiths		Female Vet	w	0:27:50.1	48	0:06:43.8	0:01:52.7	1:41:03.5	67	0:01:00.0	0:56:13.6	54	3:14:43.5	60	6	15
62	Matt	Robertson	Tri Preston	Male Senior	m	0:31:59.1	63	0:05:58.3	0:01:13.9	1:33:18.2	51	0:00:56.2	1:01:22.6	67	3:14:48.1	61	29	46
9	Tony	Chan	Darwin Tri Club	Male Vet	m	0:36:53.7	73	0:06:23.7	0:02:52.5	1:30:41.1	45	0:01:05.7	0:57:02.2	58	3:14:58.5	62	18	47
59	Matt	Penrice		Male Senior	m	0:24:16.6	15	0:07:30.8	0:04:54.8	1:36:42.6	59	0:02:40.4	0:59:08.1	61	3:15:13.2	63	30	48
44	Brian	Lynch		Male Vet	m	0:31:58.3	62	0:06:03.8	0:01:15.7	1:38:05.6	60	0:00:48.5	0:59:10.0	62	3:17:21.7	64	19	49
74	Maggie	Wild	COLT	Female Senior	w	0:28:45.2	54	0:07:06.1	0:01:00.6	1:40:54.0	66	0:00:29.5	1:00:54.8	65	3:19:09.9	65	10	16
77	Ian	Wood		Male Vet	m	0:27:54.3	49	0:07:50.8	0:02:26.1	1:35:00.9	56	0:00:54.8	1:05:15.5	70	3:19:22.1	66	20	50
16	Rebecca	Delbridge		Female Senior	w	0:30:57.2	57	0:07:35.6	0:01:25.1	1:39:05.8	63	0:01:10.2	1:00:46.3	64	3:20:59.9	67	11	17
12	Jill	Colbert		Female Vet	w	0:32:11.9	65	0:06:45.7	0:02:32.1	1:43:44.9	70	0:01:50.8	0:56:04.2	53	3:23:09.4	68	7	18
75	Tony	Wilson		Male Vet	m	0:25:31.6	30	0:07:45.9	0:01:13.7	1:39:19.1	64	0:01:05.7	1:11:53.9	73	3:26:49.7	69	21	51
4	Emma	Baird		Female Senior	w	0:31:22.1	60	0:07:52.8	0:01:04.6	1:42:22.2	69	0:01:03.8	1:03:21.7	68	3:27:06.9	70	12	19
51	Oliver	Moore	Darlington Tri Club	Male Vet	m	0:36:10.8	71	0:09:57.2	0:00:59.4	1:41:49.8	68	0:00:55.5	1:06:07.2	71	3:35:59.7	71	22	52
22	Lisa	Grandcourt		Female Vet	w	0:34:31.5	70	0:08:05.1	0:01:34.7	2:04:50.8	73	0:01:03.1	1:05:11.8	69	3:55:16.7	72	8	20
76	Angela	Wood		Female Senior	w	0:28:03.1	50	0:12:15.3	0:01:30.0	1:59:02.2	72	0:02:10.0	1:33:06.8	74	4:16:07.2	73	13	21
45	Gemma	Marshall	Darlington Tri Club	Female Senior	w	1:02:55.2	74	0:08:48.2	0:03:26.5	2:05:47.1	74	0:01:50.3	1:09:18.9	72	4:32:05.9	74	14	22