

Kendal Sprint Triathlon Provisional September 2016 Results

Bib	FirstName	LastName	AG	Swimming	S.Rank	T1	Bike	B.Rank	T2	Running	R.Rank	Finish	FinalRank	MFRank	AgeRank
177	Andrew	Horn	Men	0:06:06,83	3	0:00:30,15	0:32:31,80	3	0:00:27,10	0:19:00,00	2	0:58:35,90	1	1	1
184	Duncan	Eley	Seniors M35	0:05:24,59	1	0:00:41,42	0:34:16,72	10	0:00:36,46	0:19:25,28	4	1:00:24,49	2	2	1
158	Brian	Payton	Seniors M40	0:07:09,93	25	0:00:41,24	0:32:15,44	2	0:00:31,96	0:20:51,27	17	1:01:29,86	3	3	1
106	Mark	Benson	Seniors M35	0:09:24,82	116	0:00:43,50	0:32:05,81	1	0:00:48,32	0:18:50,58	1	1:01:53,05	4	4	2
169	Thomas	Jones	Seniors M30	0:06:46,65	14	0:00:43,50	0:33:59,58	7	0:00:46,60	0:19:43,77	5	1:02:00,11	5	5	1
175	Andrew	Kirkman	Seniors M40	0:06:37,76	11	0:00:27,10	0:33:57,94	6	0:00:25,76	0:20:34,52	12	1:02:03,10	6	6	2
121	Chris	Freer	Seniors M40	0:07:23,92	31	0:00:46,26	0:34:05,25	8	0:00:35,63	0:20:40,14	13	1:03:31,21	7	7	3
154	Tom	Nicholls	Seniors M30	0:07:29,21	37	0:00:35,00	0:33:14,92	4	0:00:43,87	0:21:34,86	21	1:03:37,87	8	8	2
176	John	Waite	Seniors M35	0:06:19,86	5	0:00:36,39	0:36:04,45	18	0:00:41,76	0:20:33,85	11	1:04:16,32	9	9	3
173	Craig	Peart	Seniors M35	0:06:34,40	9	0:00:28,35	0:34:13,87	9	0:00:41,35	0:22:23,07	33	1:04:21,05	10	10	4
161	Jacob	Dyer	Seniors M40	0:06:46,55	13	0:00:51,52	0:35:48,09	15	0:00:46,76	0:20:24,51	7	1:04:37,45	11	11	4
167	Paul B	Walduck	Seniors M35	0:06:46,43	12	0:01:08,42	0:35:10,59	13	0:00:47,66	0:20:47,31	16	1:04:40,43	12	12	5
147	Benjamin	Hodgson	Seniors M30	0:07:59,28	51	0:01:10,44	0:36:23,48	19	0:00:22,59	0:19:18,62	3	1:05:14,42	13	13	3
165	Joe	Horsley	Seniors M30	0:07:15,26	27	0:01:03,03	0:35:04,49	12	0:00:49,09	0:21:17,98	18	1:05:29,87	14	14	4
179	Guy	Higgs	Seniors M45	0:06:47,45	16	0:00:35,71	0:35:04,26	11	0:00:54,64	0:22:12,95	30	1:05:35,04	15	15	1
152	Mark	Dixon	Seniors M40	0:07:26,39	32	0:00:54,83	0:33:55,68	5	0:00:44,79	0:22:36,50	39	1:05:38,21	16	16	5
159	Chris	Travis	Men	0:07:04,96	23	0:00:36,00	0:36:36,69	23	0:00:56,92	0:20:33,25	10	1:05:47,84	17	17	2
148	Richard	Millner	Seniors M30	0:06:30,68	7	0:01:17,31	0:35:49,49	16	0:00:56,33	0:21:31,43	20	1:06:05,26	18	18	5
180	Matt	Skillen	Men	0:06:33,99	8	0:00:57,71	0:37:22,14	28	0:00:49,12	0:20:41,08	14	1:06:24,06	19	19	3
119	Tony	Bateson	Seniors M50	0:07:38,47	41	0:01:04,21	0:36:29,01	21	0:01:00,96	0:20:30,15	9	1:06:42,81	20	20	1
102	David	Wilkinson	Seniors M55	0:08:25,65	69	0:01:09,77	0:35:38,44	14	0:01:04,68	0:20:25,46	8	1:06:44,01	21	21	1
118	Alex	Roberts	Seniors M30	0:08:58,87	91	0:00:41,67	0:36:25,13	20	0:00:41,25	0:20:04,62	6	1:06:51,56	22	22	6
151	Justin	Dixon	Seniors M35	0:07:21,91	29	0:00:54,67	0:35:58,34	17	0:00:59,89	0:22:16,96	32	1:07:31,79	23	23	6
181	Samantha	Sugden	Seniors W35	0:06:47,31	15	0:00:30,95	0:37:08,84	27	0:00:33,98	0:23:20,85	48	1:08:21,96	24	1	1
136	David	Goadby	Seniors M30	0:08:11,05	56	0:01:30,07	0:37:06,54	25	0:00:57,26	0:20:44,94	15	1:08:29,88	25	24	7
166	Dave	Hollingworth	Seniors M45	0:07:01,05	21	0:00:36,04	0:37:40,59	34	0:00:50,50	0:22:37,53	40	1:08:45,72	26	25	2
174	Lee	Clark	Seniors M40	0:06:50,31	17	0:00:37,32	0:37:34,05	31	0:00:43,86	0:24:27,91	63	1:10:13,46	27	26	6
156	Andy	Chant	Seniors M45	0:07:18,15	28	0:00:54,94	0:37:27,70	30	0:00:58,36	0:23:35,02	53	1:10:14,20	28	27	3
23	Sue	Jackson	Seniors W30	0:07:38.2	40	0:00:33.6	0:37:51.2	36	0:00:52.0	0:23:24.4	49	1:10:19.5	29	2	1
139	Ryan	Hughes	Seniors M30	0:08:16,24	62	0:01:02,06	0:38:10,92	40	0:00:54,42	0:21:59,11	27	1:10:22,77	30	28	8
73	Bianca	Dyer	Seniors W40	0:07:03,04	22	0:00:46,07	0:38:15,43	42	0:00:43,69	0:23:34,77	52	1:10:23,01	31	3	1
52	Karen	Bridge	Seniors W45	0:07:40.5	42	0:00:33.4	0:38:52.6	49	0:00:46.4	0:22:33.2	38	1:10:26.4	32	4	1
164	Mark	Swainson	Seniors M30	0:06:37,03	10	0:00:55,56	0:39:30,23	54	0:00:44,43	0:22:43,88	41	1:10:31,15	33	29	9
150	Peter	Ward	Seniors M50	0:07:26,99	33	0:01:19,45	0:38:36,71	46	0:01:09,73	0:22:12,71	29	1:10:45,62	34	30	2
113	Danny	Burns	Seniors M40	0:09:27,14	118	0:00:48,72	0:38:13,32	41	0:00:46,05	0:21:50,49	24	1:11:05,74	35	31	7
132	Tim	Whiteley	Seniors M45	0:10:06,84	137	0:00:51,69	0:36:45,81	24	0:00:55,07	0:22:45,14	42	1:11:24,57	36	32	4

Kendal Sprint Triathlon Provisional September 2016 Results

Bib	FirstName	LastName	AG	Swimming	S.Rank	T1	Bike	B.Rank	T2	Running	R.Rank	Finish	FinalRank	MFRank	AgeRank
61	Suzanne	Toppin	Seniors W45	0:07:36,31	39	0:00:45,12	0:39:43,30	56	0:00:55,62	0:22:31,37	36	1:11:31,75	37	5	2
135	Danny	Wilson	Men	0:09:15,36	106	0:01:27,50	0:37:22,83	29	0:01:18,51	0:22:13,59	31	1:11:37,81	38	33	4
162	Joshua	Bailey	Men	0:07:44,21	45	0:00:46,94	0:39:22,76	53	0:00:49,96	0:23:12,04	46	1:11:55,93	39	34	5
81	Carl	Groome	Seniors M45	0:10:23,88	145	0:01:51,47	0:36:30,76	22	0:01:09,11	0:22:03,98	28	1:11:59,22	40	35	5
90	Andrew	Thurlwell	Men	0:10:21,46	144	0:00:46,21	0:37:54,93	37	0:00:49,99	0:22:23,86	34	1:12:16,47	41	36	6
140	Karl	Wakeman	Men	0:08:05,66	54	0:01:01,05	0:38:23,39	43	0:00:44,94	0:24:15,29	61	1:12:30,36	42	37	7
155	John	Beck	Seniors M50	0:06:56,24	19	0:01:29,95	0:37:50,15	35	0:01:00,22	0:25:25,40	78	1:12:41,98	43	38	3
224	Christopher	Gill	Seniors M35	0:07:42,01	44	0:01:17,31	0:38:58,98	50	0:00:48,90	0:23:56,27	57	1:12:43,50	44	39	7
54	Fiona	Mashiter	Seniors W45	0:08:15.1	60	0:01:08.0	0:38:27.4	45	0:00:45.8	0:24:09.7	60	1:12:46.2	45	6	3
50	Rebecca	Delbridge	Women	0:08:03.6	53	0:00:58.0	0:38:24.3	44	0:00:56.9	0:24:33.6	65	1:12:56.6	46	7	1
67	Amanda	Singleton	Seniors W45	0:08:12,11	58	0:00:39,49	0:38:46,31	48	0:00:43,25	0:24:40,48	68	1:13:01,66	47	8	4
185	John	Carr	Men	0:06:13,62	4	0:00:43,32	0:39:49,35	57	0:00:41,75	0:26:03,08	87	1:13:31,14	48	40	8
141	Lee	Jackson	Seniors M40	0:08:21,91	66	0:01:02,57	0:37:36,58	32	0:01:10,03	0:25:23,55	77	1:13:34,66	49	41	8
99	Ken	Earnshaw	Seniors M50	0:09:57,11	131	0:00:46,42	0:38:00,80	38	0:00:49,33	0:24:06,31	59	1:13:39,99	50	42	4
145	Tom	McDonnell	Men	0:09:09,02	101	0:01:09,16	0:39:58,51	61	0:01:00,86	0:22:26,60	35	1:13:44,17	51	43	9
178	Ben	Crofts	Teenagers (male) U18	0:05:59,64	2	0:01:28,71	0:39:20,99	52	0:00:34,30	0:26:34,48	93	1:13:58,15	52	44	1
191	Mike	Lewis	Men	0:07:40,81	43	0:01:04,22	0:42:25,97	89	0:01:07,98	0:21:52,27	25	1:14:11,27	53	45	10
12	Helen	Evans	Seniors W40	0:09:40.0	126	0:01:09.8	0:39:50.5	58	0:00:38.4	0:23:05.2	44	1:14:24.1	54	9	2
160	David	Crofts	Seniors M50	0:07:27,40	34	0:01:07,34	0:39:31,84	55	0:01:23,92	0:24:54,60	71	1:14:25,13	55	46	5
171	Harry	Shaw	Seniors M30	0:06:21,95	6	0:01:33,09	0:40:05,14	64	0:00:56,61	0:25:32,08	81	1:14:28,90	56	47	10
69	Charlotte	Seward	Seniors W30	0:07:14,81	26	0:01:28,92	0:42:41,57	92	0:01:25,62	0:21:48,43	23	1:14:39,38	57	10	2
129	Rob	Crackles	Men	0:09:42,93	129	0:02:17,93	0:40:22,51	66	0:01:09,09	0:21:19,87	19	1:14:52,34	58	48	11
149	Simon	Vaukins	Seniors M30	0:07:47,49	47	0:00:52,21	0:40:28,47	67	0:01:09,26	0:24:39,89	67	1:14:57,35	59	49	11
120	Keith	Conway	Seniors M45	0:08:32,54	73	0:01:43,34	0:39:55,41	59	0:01:33,02	0:23:16,50	47	1:15:00,82	60	50	6
64	Nicola	Benson	Juniors U23	0:07:28,52	36	0:01:31,03	0:41:55,03	84	0:01:06,59	0:23:58,15	58	1:15:59,34	61	11	1
143	Miguel	Lopez	Men	0:08:15,24	61	0:00:44,18	0:42:44,06	93	0:00:46,39	0:23:40,41	54	1:16:10,30	62	51	12
49	Jane	Kirkpatrick	Seniors W30	0:08:24.5	68	0:01:18.7	0:40:50.9	72	0:00:50.9	0:24:47.2	70	1:16:12.3	63	12	3
127	Mark	Ellison	Seniors M40	0:09:23,27	113	0:01:24,32	0:37:40,37	33	0:01:00,44	0:27:03,60	98	1:16:32,02	64	52	9
103	Edward	McCann	Seniors M45	0:09:02,85	95	0:01:24,77	0:41:36,67	80	0:01:25,67	0:23:09,37	45	1:16:39,34	65	53	7
85	Ian	Lauderdale	Seniors M40	0:08:47,74	82	0:01:34,96	0:40:06,75	65	0:01:29,63	0:24:40,86	69	1:16:39,96	66	54	10
20	Angela	Thompson	Seniors W35	0:08:31.3	71	0:00:41.4	0:40:47.3	71	0:00:48.6	0:25:53.6	85	1:16:42.4	67	13	2
68	Claire	Hebdige	Seniors W35	0:07:27,97	35	0:01:08,15	0:43:01,05	96	0:00:34,25	0:24:34,10	66	1:16:45,53	68	14	3
130	Sam	Kirkham	Men	0:09:20,78	110	0:01:24,96	0:41:12,43	74	0:00:58,15	0:24:22,29	62	1:17:18,64	69	55	13
70	Faye	Higgin	Juniors U23	0:07:35,49	38	0:01:06,58	0:41:29,72	79	0:00:35,22	0:26:43,54	95	1:17:30,57	70	15	2
76	Terry	Moss	Seniors M40	0:10:41,62	150	0:01:43,94	0:39:59,89	62	0:01:44,69	0:23:26,98	50	1:17:37,14	71	56	11
55	Angie	Trippitt	Seniors W45	0:08:24,10	67	0:01:09,27	0:41:45,44	82	0:00:58,16	0:25:46,00	83	1:18:02,99	72	16	5

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Bib	FirstName	LastName	AG	Swimming	S.Rank	T1	Bike	B.Rank	T2	Running	R.Rank	Finish	FinalRank	MFRank	AgeRank
112	Gary	Howland	Seniors M30	0:09:30,51	119	0:01:19,22	0:40:00,45	63	0:00:51,10	0:26:27,15	90	1:18:08,45	73	57	12
122	Daniel	Burney	Seniors M40	0:09:37,89	124	0:01:41,19	0:39:19,96	51	0:01:06,87	0:26:28,19	91	1:18:14,13	74	58	12
29	Wendy	Drake	Seniors W45	0:10:12.8	141	0:00:59.8	0:38:42.7	47	0:01:01.3	0:27:19.5	102	1:18:16.4	75	17	6
105	Martyn	Sharrock	Seniors M40	0:09:21,47	112	0:02:26,63	0:38:02,90	39	0:01:34,32	0:26:58,27	97	1:18:23,62	76	59	13
89	Joshua	Lamb	Men	0:09:13,15	104	0:01:59,41	0:41:58,99	85	0:01:26,53	0:23:46,09	55	1:18:24,19	77	60	14
115	Kostas	Selviaridis	Seniors M35	0:09:12,99	103	0:02:26,03	0:43:42,76	103	0:00:39,90	0:22:31,89	37	1:18:33,58	78	61	8
96	Alexander	Fulton	Teenagers (male) U20	0:09:14,80	105	0:01:13,12	0:40:32,60	68	0:01:17,02	0:26:32,82	92	1:18:50,38	79	62	1
45	Nic	Gibson	Seniors W45	0:08:52.9	87	0:01:31.2	0:42:06.4	87	0:01:20.2	0:25:01.1	74	1:18:52.0	80	18	7
97	Keith	Fulton	Seniors M40	0:10:54,40	151	0:00:59,57	0:42:34,24	90	0:00:53,93	0:23:33,74	51	1:18:55,89	81	63	14
72	Kirsten	Civil	Seniors W45	0:07:08,50	24	0:02:10,49	0:42:52,83	94	0:00:58,55	0:26:04,05	88	1:19:14,44	82	19	8
78	Trevor	Parr	Seniors M55	0:10:30,57	148	0:01:55,09	0:39:55,75	60	0:00:48,21	0:26:08,91	89	1:19:18,54	83	64	2
46	Julie	Ross	Seniors W50	0:09:03.6	96	0:00:57.0	0:42:52.9	95	0:00:56.7	0:25:30.8	80	1:19:21.2	84	20	1
94	Ryan	Beardsworth	Seniors M55	0:11:15,99	154	0:01:02,32	0:41:44,54	81	0:01:03,05	0:24:30,16	64	1:19:36,08	85	65	3
35	Lucy	Stobbart	Seniors W30	0:08:51.7	84	0:00:53.6	0:47:09.6	138	0:00:52.8	0:21:48.4	22	1:19:36.3	86	21	4
93	Miles	Taylor	Seniors M30	0:08:59,61	93	0:02:42,92	0:40:42,70	69	0:01:50,81	0:25:47,61	84	1:20:03,67	87	66	13
104	James	Burch	Juniors U23	0:09:16,54	107	0:01:24,52	0:43:08,89	97	0:01:25,10	0:24:58,23	72	1:20:13,30	88	67	3
125	John	Hardiman	Seniors M30	0:08:58,76	90	0:01:19,77	0:41:10,97	73	0:01:17,88	0:27:33,13	104	1:20:20,52	89	68	14
53	Nicola	Fenton	Seniors W35	0:09:23.4	114	0:01:19.3	0:43:27.9	102	0:01:27.9	0:25:09.7	76	1:20:48.4	90	22	4
123	David	Stitt	Men	0:07:22,66	30	0:01:38,46	0:43:27,38	101	0:01:15,69	0:27:13,99	101	1:20:58,20	91	69	15
60	Viv	Sherry	Seniors W30	0:08:00,69	52	0:01:34,33	0:41:29,39	78	0:01:40,97	0:28:13,39	115	1:20:58,79	92	23	5
107	Philip	Conlin	Seniors M35	0:09:06,75	99	0:02:02,94	0:41:14,05	75	0:01:44,45	0:26:52,64	96	1:21:00,85	93	70	9
32	Freda	Summerfield	Seniors W45	0:09:33.1	121	0:02:07.2	0:47:08.0	137	0:00:44.5	0:21:57.2	26	1:21:30.1	94	24	9
59	Vicky	Sharrock	Seniors W40	0:07:45,58	46	0:02:18,32	0:41:25,89	77	0:01:46,48	0:28:25,55	118	1:21:41,83	95	25	3
114	Darren	Brown	Seniors M40	0:08:50,34	83	0:02:14,11	0:42:18,50	88	0:01:12,48	0:27:06,93	100	1:21:42,39	96	71	15
8	Louise	Hulse	Juniors U23	0:10:25.2	147	0:01:21.1	0:43:49.6	106	0:00:35.6	0:25:35.7	82	1:21:47.5	97	26	4
51	Eleanor	Birkett	Seniors W35	0:08:13.2	59	0:01:13.6	0:43:42.1	104	0:00:39.9	0:28:02.4	113	1:21:51.4	98	27	5
33	Abbie	Clegg	Women	0:09:24.7	115	0:01:10.2	0:43:12.9	100	0:01:07.8	0:27:04.5	99	1:22:00.3	99	28	2
92	Lee	Gallagher	Seniors M40	0:07:50,81	49	0:02:41,17	0:43:46,44	105	0:01:51,70	0:25:55,49	86	1:22:05,62	100	72	16
128	Paul	Johnston	Seniors M40	0:08:52,08	85	0:02:20,77	0:45:23,09	120	0:00:33,93	0:24:59,48	73	1:22:09,36	101	73	17
142	Liam	Donelly	Men	0:10:05,57	136	0:01:31,66	0:44:20,88	111	0:01:30,75	0:25:02,44	75	1:22:31,32	102	74	16
172	Kit	Rickerby	Seniors M40	0:06:54,28	18	0:00:54,11	0:43:55,74	108	0:01:13,66	0:29:36,25	128	1:22:34,06	103	75	18
190	Steven	Bateman	Seniors M55	0:14:20,48	165	0:02:33,75	0:37:07,34	26	0:01:41,36	0:27:44,93	105	1:23:27,88	104	76	4
190	Jonny	Hayes	Guide			0:02:33,75	0:37:07,34		0:01:41,36	0:27:44,93		1:23:27,88			
84	Adam	Coldwell	Men	0:07:57,40	50	0:01:24,54	0:44:00,06	109	0:01:05,63	0:29:01,91	124	1:23:29,56	105	77	17
57	Sally	Blackmore	Seniors W50	0:08:36,09	77	0:01:13,63	0:41:20,10	76	0:01:07,99	0:31:19,94	140	1:23:37,77	106	29	2
19	Teresa	Douglas	Seniors W55	0:08:32.1	72	0:01:04.0	0:45:49.2	124	0:00:43.8	0:27:45.0	106	1:23:54.4	107	30	1

Kendal Sprint Triathlon Provisional September 2016 Results

Bib	FirstName	LastName	AG	Swimming	S.Rank	T1	Bike	B.Rank	T2	Running	R.Rank	Finish	FinalRank	MFRank	AgeRank
42	Rachel	Freer	Seniors W35	0:09:20.2	109	0:01:20.0	0:44:30.4	113	0:01:03.2	0:27:56.2	108	1:24:10.3	108	31	6
43	Helen	Wilson	Seniors W45	0:09:59.3	132	0:02:02.6	0:41:51.7	83	0:02:24.1	0:27:59.1	111	1:24:17.0	109	32	10
28	Sadie	Mckeand	Seniors W40	0:10:40.4	149	0:02:11.3	0:46:06.8	125	0:01:36.1	0:23:54.0	56	1:24:28.8	110	33	4
82	Geoff	Winrow	Seniors M30	0:09:44,17	130	0:02:22,25	0:43:52,90	107	0:01:05,25	0:27:48,93	107	1:24:53,52	111	78	15
48	Clare	McDonnell	Seniors W30	0:08:32.8	75	0:01:23.4	0:46:17.5	127	0:01:05.2	0:27:56.9	109	1:25:16.0	112	34	6
56	Sarah	Taylor	Seniors W35	0:08:18,51	63	0:02:09,87	0:45:23,05	119	0:01:27,79	0:27:57,89	110	1:25:17,13	113	35	7
47	Sarah	Steven	Seniors W30	0:09:07.7	100	0:02:07.2	0:45:12.1	117	0:00:53.3	0:28:25.1	117	1:25:45.5	114	36	7
63	Jenny	Ward	Seniors W35	0:08:11,38	57	0:01:21,90	0:46:34,50	130	0:01:00,08	0:28:40,89	121	1:25:48,77	115	37	8
186	Tom	Booth	Seniors M30	0:11:54,80	158	0:02:07,57	0:42:01,86	86	0:01:01,76	0:28:49,78	123	1:25:55,79	116	79	16
116	Robert	Procter	Seniors M30	0:10:12,18	140	0:01:18,60	0:45:06,72	116	0:01:29,05	0:27:59,84	112	1:26:06,40	117	80	17
134	Colin	Hodgson	Seniors M50	0:08:19,13	64	0:00:51,53	0:46:43,37	132	0:01:09,12	0:29:04,84	125	1:26:08,01	118	81	6
101	David	Hereward	Seniors M40	0:11:00,20	152	0:01:36,90	0:40:47,86	70	0:01:47,82	0:31:26,45	142	1:26:39,25	119	82	19
98	Nick	Balcombe	Seniors M45	0:09:41,95	127	0:01:00,24	0:43:10,36	98	0:01:24,77	0:31:21,95	141	1:26:39,28	120	83	8
21	Linda	Hayles	Seniors W60	0:09:30.9	120	0:01:51.5	0:47:11.6	139	0:00:42.2	0:27:25.5	103	1:26:41.9	121	38	1
13	Anne	Greenney	Seniors W40	0:08:59.1	92	0:01:35.8	0:44:26.2	112	0:00:44.4	0:31:01.1	138	1:26:46.8	122	39	5
117	Stephen	Leadbetter	Seniors M30	0:08:28,28	70	0:01:11,87	0:42:36,24	91	0:00:55,10	0:33:53,38	153	1:27:04,89	123	84	18
146	Lewis	Cosh	Men	0:07:50,33	48	0:00:44,53	0:43:10,70	99	0:01:19,51	0:34:24,54	155	1:27:29,62	124	85	18
34	Alex	Longrigg	Seniors W40	0:09:05.6	98	0:01:47.0	0:46:20.4	128	0:00:55.3	0:29:46.5	130	1:27:55.1	125	40	6
44	Lisa	Preston	Seniors W45	0:09:12.6	102	0:01:36.8	0:46:24.2	129	0:01:09.4	0:29:35.2	127	1:27:58.5	126	41	11
138	James	Clarke	Men	0:08:38,84	78	0:02:05,74	0:47:48,05	144	0:01:02,08	0:28:36,29	119	1:28:11,02	127	86	19
87	Richard	Smith	Seniors M45	0:14:36,86	166	0:02:04,61	0:44:56,66	115	0:01:17,80	0:25:26,92	79	1:28:22,86	128	87	9
22	Katharine	Shrine	Seniors W40	0:10:05.0	135	0:01:04.9	0:45:45.0	123	0:00:52.4	0:30:38.7	136	1:28:26.3	129	42	7
144	Mark	Shepherd	Seniors M45	0:09:16,68	108	0:01:04,92	0:44:46,46	114	0:01:24,84	0:31:57,64	143	1:28:30,56	130	88	10
66	Sarah	Todd	Women	0:08:32,66	74	0:01:46,64	0:51:04,78	158	0:00:33,09	0:26:36,05	94	1:28:33,24	131	43	3
197	Martin	Brumpton	Seniors M50	0:09:33,51	122	0:01:59,61	0:47:02,34	136	0:01:42,14	0:28:16,44	116	1:28:34,07	132	89	7
197	Dave	Barker	Guide	0:09:33,51		0:01:59,61	0:47:02,34		0:01:42,14	0:28:16,44		1:28:34,07			
88	Andrew	Marshall	Seniors M30	0:09:05,02	97	0:01:44,07	0:48:17,13	146	0:01:11,56	0:28:37,92	120	1:28:55,72	133	90	19
10	Emily	Trelore	Women	0:08:20.6	65	0:01:27.6	0:47:16.6	140	0:00:58.9	0:31:10.1	139	1:29:14.2	134	44	4
58	Sarah	Atkinson	Seniors W30	0:06:57,84	20	0:01:14,21	0:58:27,05	164	0:01:00,12	0:22:55,00	43	1:30:34,23	135	45	8
65	Sara	Fisher	Seniors W40	0:08:40,49	80	0:01:30,49	0:46:13,83	126	0:01:45,49	0:32:56,49	149	1:31:06,81	136	46	8
37	Caroline	Murray	Women	0:11:32.4	155	0:02:01.3	0:47:51.3	145	0:01:44.7	0:28:08.8	114	1:31:18.7	137	47	5
24	Joanne	Roberts	Seniors W40	0:09:33.5	123	0:03:16.2	0:45:13.6	118	0:00:47.9	0:32:37.9	147	1:31:29.3	138	48	9
91	Darren	Ryan	Seniors M45	0:09:00,91	94	0:02:20,23	0:48:56,99	150	0:02:05,31	0:29:19,70	126	1:31:43,16	139	91	11
77	Nigel	Kitching	Seniors M60	0:13:13,69	162	0:03:21,56	0:44:11,55	110	0:01:32,90	0:29:57,58	132	1:32:17,30	140	92	1
40	Kalyani	Nutt	Seniors W30	0:09:25.7	117	0:01:57.5	0:50:19.8	154	0:00:56.6	0:29:47.3	131	1:32:27.1	141	49	9
31	Tammy	Huchinson	Seniors W35	0:10:18.6	143	0:01:27.1	0:46:57.2	135	0:01:07.6	0:32:42.4	148	1:32:33.1	142	50	9

Kendal Sprint Triathlon Provisional September 2016 Results

Bib	FirstName	LastName	AG	Swimming	S.Rank	T1	Bike	B.Rank	T2	Running	R.Rank	Finish	FinalRank	MFRank	AgeRank
2	Karen	Bradbury	Seniors W50	0:11:47.5	156	0:01:40.8	0:49:12.5	151	0:01:11.1	0:28:45.5	122	1:32:37.7	143	51	3
108	Shyamenda	Purslow	Men	0:08:40,59	81	0:02:21,05	0:45:25,37	121	0:01:04,58	0:35:16,64	160	1:32:48,25	144	93	20
39	Judith	Bradshaw	Seniors W45	0:09:38.4	125	0:01:58.3	0:47:32.0	143	0:00:52.6	0:32:58.2	151	1:32:59.7	145	52	12
75	Daniel	Bannon	Seniors M35	0:10:09,70	139	0:02:00,00	0:48:50,97	149	0:01:59,66	0:30:14,92	133	1:33:15,26	146	94	10
126	James	Drysdale	Seniors M50	0:09:42,30	128	0:01:54,78	0:47:26,98	142	0:01:10,90	0:33:01,27	152	1:33:16,25	147	95	8
71	Yvonne	Atkinson	Seniors W60	0:08:35,64	76	0:01:49,03	0:50:36,93	155	0:02:58,76	0:30:20,48	134	1:34:20,84	148	53	2
4	Lisa	Whetter	Seniors W40	0:12:35.1	161	0:02:16.8	0:46:37.3	131	0:01:59.9	0:30:52.3	137	1:34:21.5	149	54	10
109	Robert	Hudson	Seniors M45	0:10:18,14	142	0:01:19,92	0:46:46,23	133	0:01:20,10	0:35:06,45	159	1:34:50,86	150	96	12
15	Lorna	Sullivan	Seniors W35	0:10:00.6	133	0:01:40.3	0:48:37.5	148	0:01:40.7	0:32:57.4	150	1:34:56.7	151	55	10
5	Sue	Woods	Seniors W50	0:12:20.8	160	0:02:38.8	0:47:22.6	141	0:02:15.4	0:30:33.5	135	1:35:11.4	152	56	4
80	Tom	Gilligan	Seniors M30	0:08:53,28	88	0:03:03,44	0:50:50,11	157	0:00:36,70	0:32:13,67	145	1:35:37,23	153	97	20
41	Maddy	Goadby	Seniors W30	0:10:09.1	138	0:03:58.0	0:48:18.6	147	0:02:12.1	0:32:34.1	146	1:37:12.1	154	57	10
133	John	Barstow	Seniors M60	0:08:40,06	79	0:02:52,56	0:54:55,88	161	0:01:07,86	0:29:42,47	129	1:37:18,85	155	98	2
25	Jennifer	Ireland	Seniors W45	0:08:52,35	86	0:01:57,82	0:49:33,31	152	0:01:54,92	0:35:01,02	158	1:37:19,44	156	58	13
17	Rachel	Ashton,	Seniors W55	0:11:03.4	153	0:01:18.5	0:52:49.0	159	0:01:56.5	0:32:09.1	144	1:39:16.6	157	59	2
195	Barry	Croxford	Seniors M55	0:09:21,12	111	0:02:25,91	0:50:44,68	156	0:01:14,13	0:36:20,80	161	1:40:06,65	158	99	5
192	Andrea	Logan	Seniors W35	0:16:45,65	169	0:01:57,28	0:45:35,15	122	0:01:21,02	0:34:44,29	157	1:40:23,40	159	60	11
192	Kath	Finn	Guide			0:01:57,28	0:45:35,15		0:01:21,02	0:34:44,29		1:40:23,40			
193	Jill	Corso	Seniors W30	0:08:07,84	55	0:00:53,50	0:46:51,22	134	0:01:43,91	0:44:24,10	168	1:42:00,59	160	61	11
30	Zoe	Macdonald	Seniors W40	0:10:24.2	146	0:01:57.8	0:59:27.2	167	0:01:46.4	0:34:21.3	154	1:47:57.2	161	62	11
26	Kim	Lacey	Seniors W30	0:10:03.9	134	0:01:43.2	0:56:02.8	162	0:01:33.7	0:38:37.8	164	1:48:01.6	162	63	12
6	Lynda	Morris	Seniors W45	0:13:36.7	163	0:02:42.3	0:58:33.5	166	0:01:08.7	0:34:26.0	156	1:50:27.5	163	64	14
36	Anna	Brown	Seniors W30	0:08:56.7	89	0:02:40.8	0:54:06.0	160	0:02:10.8	0:43:05.1	165	1:50:59.6	164	65	13
7	Rachel	Fisher	Seniors W45	0:13:51.0	164	0:03:21.4	0:58:31.6	165	0:01:10.5	0:37:18.8	163	1:54:13.5	165	66	15
194	Norma	Davidson	Seniors W50	0:15:49,92	167	0:02:39,50	0:50:15,03	153	0:01:21,34	0:44:29,40	169	1:54:35,21	166	67	5
194	Mary	Anderson	Guide	0:15:49,92		0:02:39,50	0:50:15,03		0:01:21,34	0:44:29,40		1:54:35,21			
18	Rosemary	Roberts	Seniors W55	0:11:54.4	157	0:04:50.3	0:57:29.5	163	0:02:17.8	0:43:24.0	166	1:59:56.2	167	68	3
196	Katy	Colman	Seniors W30	0:12:08,17	159	0:02:38,56	1:02:31,08	168	0:01:29,00	0:43:55,41	167	2:02:42,23	168	69	14
196	Helen	Hays	Guide			0:02:38,56	1:02:31,08		0:01:29,00	0:43:55,41		2:02:42,23			
79	Frank	Chalmers	Seniors M60	0:16:44,14	168	0:03:25,80	1:02:55,98	169	0:04:22,27	0:36:30,54	162	2:03:58,75	169	100	3