

Bib	First	Last	Cat	Sex	Swim	Rank	T1	Bike	Rank	T2	Run	Rank	Finish	OA	Cat	Sex	
224	Andy	Horn	MS20	M	06:16.3	9	00:00:32.90	00:32:24.80	3	00:00:37.15	00:18:46.25	2	00:58:37.40	1	1	1	
1	Robert	Atkinson	MV55	M	08:38.3	103	00:00:35.75	00:33:58.30	8	00:00:33.35	00:17:41.15	1	01:01:26.85	2	2	2	
207	Andrew	Wilkin	MS25	M	06:54.5	22	00:00:37.15	00:33:30.90	5	00:00:31.05	00:20:09.30	4	01:01:42.90	3	1	3	
233	Brian	Payton	MS20	M	07:42.0	50	00:00:50.75	00:32:38.25	4	00:00:43.85	00:20:40.45	14	01:02:35.30	4	3	4	
219	Darren	Bell	MV40	M	07:09.4	30	00:00:45.35	00:33:55.65	7	00:00:36.75	00:20:24.80	8	01:02:52.00	5	1	5	
234	Pavlina	Polackova	FJ	F	05:58.4	5	00:00:30.20	00:35:26.25	16	00:00:35.25	00:20:38.45	12	01:03:08.50	6	1	1	
237	Steve	Snape	MS20	M	07:19.9	36	00:01:06.55	00:33:59.25	9	00:00:43.80	00:20:13.70	6	01:03:23.15	7	4	6	
172	Tom	Rigby	MS20	M	08:22.6	88	00:01:01.45	00:31:55.40	2	00:00:44.70	00:21:40.05	28	01:03:44.15	8	5	7	
211	Chris	Gray	MS35	M	07:36.2	45	00:00:39.10	00:34:27.60	11	00:00:34.80	00:21:01.45	20	01:04:19.10	9	1	8	
215	Thomas	Bissett	MS20	M	07:34.2	43	00:01:01.95	00:33:49.50	6	00:01:15.65	00:20:57.35	18	01:04:38.60	10	6	9	
192	Barry	Cleminson	MS30	M	06:46.5	19	00:00:47.35	00:35:59.45	22	00:00:37.25	00:20:47.05	15	01:04:57.55	11	1	10	
94	Duncan	Eley	MS30	M	05:45.2	3	00:01:07.20	00:36:10.65	24	00:00:41.70	00:21:33.80	27	01:05:18.55	12	2	11	
209	Chris	Kirby	MS20	M	06:33.4	13	00:00:39.10	00:35:29.85	17	00:00:38.80	00:22:11.85	35	01:05:33.00	13	7	12	
217	Craig	Peart	MS20	M	06:58.9	26	00:00:43.35	00:34:26.05	10	00:00:47.30	00:22:37.65	42	01:05:33.30	14	8	13	
220	Brett	Flecture	MS20	M	06:09.4	8	00:00:55.20	00:35:09.00	12	00:00:41.65	00:22:39.65	43	01:05:34.95	15	9	14	
214	Mike	Harris	MV60	M	07:26.8	39	00:01:16.00	00:35:11.80	13	00:01:02.00	00:21:15.05	22	01:06:11.65	16	1	15	
190	Chris	Sansom	MS20	M	05:29.7	1	00:00:35.30	00:36:01.95	23	00:00:45.60	00:23:33.45	63	01:06:26.00	17	10	16	
201	Chris	Hewson	MS20	M	05:52.5	4	00:00:53.35	00:37:03.25	40	00:00:57.45	00:21:41.15	29	01:06:27.65	18	11	17	
183	Stephen	Heseltine	MV40	M	07:50.5	60	00:01:01.55	00:36:33.65	29	00:00:53.95	00:20:25.75	9	01:06:45.35	19	2	18	
187	Colin	Cavanagh	MV45	M	08:02.7	73	00:01:05.75	00:35:46.80	20	00:00:49.35	00:21:09.10	21	01:06:53.65	20	1	19	
204	Dave	Hollingworth	MV45	M	07:12.4	32	00:00:48.85	00:36:41.80	30	00:00:44.25	00:21:33.70	26	01:07:00.95	21	2	20	
75	Emily	Alderson	FJ	F	05:59.3	6	00:00:34.35	00:38:43.00	64	00:00:30.10	00:21:31.50	24	01:07:18.20	22	2	2	
34	Nicki	Barron	FV50	F	07:33.2	42	00:01:01.65	00:37:00.95	37	00:00:51.85	00:20:55.05	17	01:07:22.65	23	1	3	
60	Karen	Bridge	FV45	F	07:41.9	49	00:00:56.30	00:36:58.20	35	00:00:57.65	00:21:00.10	19	01:07:34.15	24	2	4	
184	Chris	Freer	MV40	M	09:09.7	122	00:00:59.00	00:35:13.80	14	00:00:48.05	00:21:25.25	23	01:07:35.80	25	3	21	
193	Lee	Winter	MV40	M	07:47.9	57	00:01:12.60	00:37:05.20	42	00:01:11.90	00:20:20.30	7	01:07:37.85	26	4	22	
74	Gema	Snape	FS30	F	06:25.1	10	00:00:56.40	00:37:11.35	44	00:00:38.85	00:22:29.95	39	01:07:41.65	27	1	5	
228	Nick	Hemus	MS20	M	08:47.5	109	00:02:03.45	00:36:12.15	25	00:00:42.55	00:20:02.85	3	01:07:48.45	28	12	23	
199	Paul	Rickerby	MV45	M	06:06.6	7	00:01:26.95	00:37:10.85	43	00:00:49.15	00:22:16.70	36	01:07:50.25	29	3	24	
171	Matthew	Morley	MS20	M	08:13.4	80	00:01:36.65	00:35:15.70	15	00:00:47.30	00:22:10.75	34	01:08:03.80	30	13	25	
205	Garry	Banks	MV50	M	06:58.8	24	00:00:53.85	00:36:42.15	31	00:00:41.45	00:22:53.95	48	01:08:10.25	31	1	26	
144	Aaron	Stafford	MS25	M	11:27.7	186	00:01:34.50	00:26:09.70	1	00:01:10.90	00:27:58.35	147	01:08:21.15	32	2	27	1 Lap?
167	Stuart	Smith	MS30	M	09:28.2	137	00:01:39.55	00:36:20.40	26	00:00:44.75	00:20:13.25	5	01:08:26.15	33	3	28	
168	Ben	Walduck	MS30	M							00:20:33.95	11	01:08:30.25	34	15	134	
139	Tom	Mckee	MJ	M	08:17.9	85	00:01:01.85	00:37:25.15	48	00:01:13.10	00:20:33.50	10	01:08:31.50	35	1	30	
69	Samantha	Sugden	FS30	F	06:28.8	11	00:00:46.20	00:37:48.50	53	00:00:37.80	00:23:04.70	50	01:08:46.05	36	2	6	
194	Mark	Dixon	MV40	M	07:50.5	61	00:01:37.40	00:35:44.90	19	00:01:05.35	00:22:36.45	41	01:08:54.60	37	5	31	

Bib	First	Last	Cat	Sex	Swim	Rank	T1	Bike	Rank	T2	Run	Rank	Finish	OA	Cat	Sex	
78	Hatty	Jardine	T	T	08:18.0	86	00:00:55.50	00:35:37.25	18	00:00:40.55	00:23:37.15	65	01:09:08.45	38	1	1	
223	Neil	Robinson	MV40	M	07:20.7	37	00:00:36.35	00:37:00.00	36	00:01:01.30	00:23:16.95	56	01:09:15.25	39	6	32	
166	Tom	Smith	MS20	M	07:48.5	59	00:01:01.65	00:39:08.80	71	00:00:42.40	00:20:39.30	13	01:09:20.65	40	14	33	
178	Craig	McLeavy	MS30	M	08:53.5	114	00:01:17.80	00:37:04.60	41	00:00:58.35	00:21:32.55	25	01:09:46.75	41	5	34	
89	Alex	Lineton	MS25	M	07:43.6	51	00:00:51.10	00:36:25.60	27	00:00:59.50	00:23:57.00	71	01:09:56.80	42	3	35	
70	Sophie	Noon	FS20	F	06:43.6	18	00:00:52.10	00:38:03.90	58	00:00:42.40	00:23:43.70	68	01:10:05.70	43	1	7	
91	Damian	Sanderson	MV40	M	07:04.8	27	00:01:06.75	00:38:52.40	66	00:00:59.95	00:22:10.05	33	01:10:13.90	44	7	36	
191	Matt	Knagg	MS30	M	07:56.0	67	00:01:06.50	00:37:20.55	47	00:01:01.70	00:23:18.15	57	01:10:42.85	45	6	37	
202	Ricky	Mason	MS20	M	07:44.0	53	00:01:03.40	00:38:33.85	63	00:00:41.45	00:22:50.95	46	01:10:53.65	46	15	38	
206	Timothy	Miles	MS35	M	06:48.9	20	00:01:05.90	00:40:08.65	85	00:01:21.80	00:21:42.40	30	01:11:07.60	47	2	39	
222	Steve	Howard	MV40	M	08:14.2	81	00:01:11.80	00:37:54.60	55	00:01:10.40	00:22:52.25	47	01:11:23.30	48	8	40	
72	Bianca	Dyer	FV40	F	07:05.8	28	00:00:47.70	00:37:58.10	56	00:00:51.65	00:24:48.35	88	01:11:31.60	49	3	8	
92	Robert	Woodward	MV40	M	07:56.3	68	00:01:21.15	00:37:52.75	54	00:00:58.55	00:23:30.65	61	01:11:39.35	50	9	41	
93	Scott	Jeffery	MS30	M	07:34.8	44	00:01:22.05	00:38:08.65	59	00:00:59.05	00:23:42.45	67	01:11:47.00	51	7	42	
153	Jez	Hoggarth	MV40	M	07:13.5	33	00:01:47.15	00:37:02.55	38	00:01:42.65	00:24:10.55	76	01:11:56.45	52	10	43	
173	Paul	Ainsworth	MS35	M	08:15.9	82	00:01:14.05	00:37:11.90	45	00:01:01.55	00:24:13.50	78	01:11:56.85	53	3	44	
81	Afridaca	Afridaca	T	T	07:27.7	40	00:00:40.75	00:41:07.20	96	00:00:35.30	00:22:06.70	32	01:11:57.60	54	2	2	
158	George	Williams	MV55	M	08:49.5	111	00:02:26.45	00:36:49.20	33	00:01:20.35	00:22:35.15	40	01:12:00.60	55	1	45	
208	Danny	Wilkinson	MS30	M	06:42.1	16	00:00:50.80	00:36:50.05	34	00:00:43.30	00:26:57.95	125	01:12:04.15	56	8	46	
169	Paul	Jackson	MS20	M	08:25.2	93	00:01:03.85	00:37:33.45	50	00:00:51.70	00:24:11.15	77	01:12:05.30	57	16	47	
129	Andrew	Thurlwell	MS20	M	09:31.0	142	00:00:47.60	00:37:41.15	52	00:00:54.85	00:23:13.50	53	01:12:08.15	58	17	48	
88	Chris	Davies	MS35	M	09:13.5	125	00:02:13.55	00:36:28.65	28	00:01:19.20	00:23:02.80	49	01:12:17.75	59	4	49	
200	Matt	Miller	MS30	M	07:53.0	64	00:01:02.75	00:39:09.95	72	00:01:14.60	00:23:08.55	52	01:12:28.85	60	9	50	
125	Thomas	Johnson	MS20	M	08:03.6	74	00:01:03.10	00:39:58.45	82	00:01:04.10	00:22:21.55	38	01:12:30.75	61	18	51	
196	John	Beck	MV50	M	07:36.8	46	00:01:22.25	00:37:13.75	46	00:01:12.90	00:25:15.40	97	01:12:41.10	62	2	52	
71	Cathy	Atkinson	FV40	F	07:13.9	34	00:00:46.35	00:38:01.50	57	00:01:06.20	00:25:33.25	101	01:12:41.15	63	4	9	
181	Mark	Howlett	MV40	M	07:55.1	65	00:01:14.55	00:39:02.45	70	00:00:59.00	00:23:37.70	66	01:12:48.75	64	11	53	
159	Earnshaw	Ken	MV50	M	09:24.0	133	00:00:59.10	00:37:37.80	51	00:00:52.05	00:24:24.00	81	01:13:16.95	65	3	54	
163	Craig	Shaw	MV45	M	09:06.0	121	00:02:01.70	00:39:10.55	73	00:01:18.45	00:21:57.85	31	01:13:34.55	66	4	55	
188	Paul	Catterall	MV50	M	07:25.7	38	00:00:59.95	00:38:43.10	65	00:00:57.80	00:25:29.80	100	01:13:36.30	67	4	56	
131	Danny	Burns	MS35	M	12:24.2	198	00:01:16.45	00:38:23.50	60	00:00:51.50	00:20:49.25	16	01:13:44.95	68	5	57	
66	Louise	Rowe	FV45	F	07:31.1	41	00:00:55.75	00:40:40.90	91	00:01:13.20	00:23:34.45	64	01:13:55.35	69	1	10	
64	Amanda	Singleton	FV40	F	07:41.7	48	00:00:54.45	00:39:56.90	81	00:00:52.10	00:24:42.15	86	01:14:07.35	70	5	11	
198	Paul	Wilkinson	MV40	M	07:52.9	63	00:01:35.15	00:39:56.50	80	00:00:36.75	00:24:06.75	74	01:14:08.10	71	12	58	
138	Adam	Bartlett	MJ	M	07:45.1	54	00:01:25.90	00:40:54.40	93	00:00:50.45	00:23:30.70	62	01:14:26.50	72	2	59	
137	Dave	Horn	MV50	M	09:48.5	150	00:02:00.25	00:38:30.35	61	00:01:35.80	00:22:49.30	45	01:14:44.15	73	5	60	
110	Mike	Rawlins	MS35	M	10:32.1	166	00:01:27.45	00:37:02.80	39	00:00:57.75	00:24:45.90	87	01:14:46.00	74	6	61	

Bib	First	Last	Cat	Sex	Swim	Rank	T1	Bike	Rank	T2	Run	Rank	Finish	OA	Cat	Sex	
239	Chris	Travis	MS20	M	07:11.9	31	00:01:31.25	00:39:53.45	79	00:01:17.00	00:24:54.85	91	01:14:48.45	75	19	62	
107	Robert	Brown	MS25	M	09:24.7	134	00:02:00.10	00:37:32.90	49	00:01:22.85	00:24:28.55	82	01:14:49.05	76	4	63	
203	Luke	Harding	MS25	M	06:42.1	17	00:01:15.60	00:41:00.90	94	00:01:01.40	00:24:56.60	93	01:14:56.65	77	5	64	
112	Peter	Jackson	MV40	M	07:43.7	52	00:01:26.95	00:38:59.90	68	00:01:39.80	00:25:11.00	95	01:15:01.30	78	13	65	
240	Clare	Tromans	FS20	F	08:00.0	71	00:01:21.05	00:41:02.75	95	00:01:12.05	00:23:30.00	60	01:15:05.80	79	2	12	
65	Harriet	Gilson	FS20	F	07:46.2	56	00:01:17.70	00:39:17.00	75	00:00:48.15	00:26:07.60	110	01:15:16.65	80	3	13	
162	Stephen	Roberts	MV40	M	09:13.9	126	00:02:18.65	00:39:00.35	69	00:00:44.30	00:24:04.50	73	01:15:21.65	81	14	66	
231	Matthew	Mutchell	MS20	M	08:16.1	83	00:01:30.10	00:41:30.35	100	00:01:11.50	00:23:06.50	51	01:15:34.55	82	20	67	
195	Mark	Bales	MV40	M	07:45.2	55	00:01:25.40	00:39:14.05	74	00:01:02.80	00:26:24.65	120	01:15:52.10	83	15	68	
135	Paul	Managh	MS35	M	10:41.3	172	00:01:09.20	00:38:52.75	67	00:01:12.55	00:23:57.85	72	01:15:53.70	84	7	69	
174	Ashley	Robinson	MS25	M	08:34.4	100	00:01:45.50	00:40:20.65	86	00:00:55.30	00:24:32.15	83	01:16:08.05	85	6	70	
143	Luke	Walker	MS25	M	08:53.8	115	00:02:14.75	00:39:49.30	78	00:01:02.85	00:24:14.35	79	01:16:15.05	86	7	71	
227	Matt	Davies	MS20	M	09:30.7	141	00:01:38.05	00:40:52.05	92	00:00:36.50	00:23:44.25	69	01:16:21.50	87	21	72	
97	Neil	Jeffrey	MV45	M	12:47.8	203	00:02:05.50	00:38:31.45	62	00:01:04.40	00:22:16.95	37	01:16:46.15	88	5	73	
142	Noah	Torn	MS25	M	09:09.8	123	00:01:35.00	00:36:45.65	32	00:01:06.80	00:28:12.30	154	01:16:49.50	89	8	74	
235	Kit	Rickerby	MS20	M	07:06.3	29	00:01:45.10	00:42:27.95	112	00:00:42.10	00:25:25.50	99	01:17:26.90	90	22	75	
87	Russell	Wareing	MV40	M	08:29.3	96	00:01:23.70	00:42:18.95	109	00:00:45.90	00:24:54.10	90	01:17:52.00	91	16	76	
95	Matthew	Dunster	MJ	M	06:41.4	15	00:02:18.95	00:42:45.60	115	00:01:16.00	00:24:56.05	92	01:17:57.95	92	3	77	
67	Heather	Wood	FS30	F	06:58.9	25	00:01:17.40	00:42:50.40	116	00:00:53.40	00:26:04.65	109	01:18:04.75	93	3	14	
221	Andrew	Woodcock	MS35	M	07:15.9	35	00:01:00.50	00:41:58.70	103	00:00:32.35	00:27:22.75	136	01:18:10.25	94	8	78	
151	Andrew	Douglas	MS35	M	08:41.0	105	00:01:46.80	00:40:33.80	90	00:01:25.05	00:26:10.35	112	01:18:37.05	95	9	79	
212	Gareth	Driver	MS20	M	10:27.2	165	00:01:25.50	00:40:05.75	83	00:01:02.65	00:25:52.75	106	01:18:53.85	96	23	80	
38	Angie	Trippitt	FV45	F	08:28.0	94	00:01:18.00	00:42:00.00	104	00:01:04.90	00:26:08.40	111	01:18:59.25	97	2	15	
160	Rhuari	Bennett	MS35	M	09:46.9	149	00:01:12.20	00:39:44.95	77	00:01:09.20	00:27:08.90	132	01:19:02.20	98	10	81	
120	Anthony	Lawrenson	MV40	M	11:35.5	189	00:02:17.65	00:40:25.60	87	00:01:16.45	00:23:29.30	59	01:19:04.50	99	17	82	
59	Sophie	Lawson	FS35	F	07:55.1	66	00:01:04.85	00:43:40.25	124	00:01:13.55	00:25:12.90	96	01:19:06.60	100	1	16	
146	Oliver	Parry	MS20	M	08:24.1	90	00:01:33.50	00:41:25.70	97	00:00:48.35	00:27:04.95	129	01:19:16.55	101	24	83	
141	Simon	Barnes	MS20	M	09:27.8	136	00:02:01.05	00:39:35.20	76	00:01:21.30	00:26:57.00	124	01:19:22.30	102	25	84	
180	Richard	Pugh	MS35	M	08:35.3	102	00:01:03.90	00:41:30.85	101	00:01:19.45	00:27:00.90	128	01:19:30.40	103	11	85	
14	Rosemary	Simpson	FS25	F	08:06.1	75	00:02:12.45	00:43:50.20	127	00:00:59.45	00:24:34.40	84	01:19:42.65	104	1	17	
46	Rachel	Blair	FS20	F	07:56.6	69	00:00:57.05	00:43:40.30	125	00:00:57.60	00:26:16.80	114	01:19:48.30	105	4	18	
152	John	Birkett	MV50	M	11:25.5	185	00:02:23.70	00:42:06.60	105	00:00:58.00	00:23:15.10	54	01:20:08.85	106	26	86	
25	Rebecca	Delbridge	FS25	F	10:25.5	162	00:01:46.70	00:40:33.40	89	00:01:04.55	00:26:18.95	115	01:20:09.10	107	2	19	
57	Ruth	Beauchamp	FS35	F	08:07.0	76	00:01:55.25	00:42:54.90	117	00:01:28.05	00:25:48.30	105	01:20:13.50	108	2	20	
182	Nat	Pawlowski	MV40	M	08:40.0	104	00:02:09.20	00:40:05.85	84	00:01:44.25	00:27:37.25	140	01:20:16.50	109	18	87	
58	Katherine	Pugh	FS35	F	08:07.3	78	00:02:34.20	00:42:26.45	111	00:01:34.35	00:25:44.05	103	01:20:26.35	110	3	21	
82	Steve	Tatem	MV55	M	09:01.5	118	00:01:08.50	00:42:21.15	110	00:01:05.25	00:26:58.85	126	01:20:35.30	111	2	88	

Bib	First	Last	Cat	Sex	Swim	Rank	T1	Bike	Rank	T2	Run	Rank	Finish	OA	Cat	Sex	
236	Dan	Scarffe	MS20	M	09:28.6	138	00:01:36.60	00:44:19.20	135	00:01:46.05	00:23:45.70	70	01:20:56.20	112	27	89	
119	Ian	Gittins	MS35	M	10:42.8	175	00:02:05.10	00:42:30.00	113	00:00:43.30	00:24:59.60	94	01:21:00.80	113	12	90	
213	Christopher	Meth-Cohn	MS25	M	06:52.6	21	00:01:06.70	00:44:10.10	132	00:00:53.00	00:28:02.00	148	01:21:04.40	114	9	91	
52	Emma	Lawrenson	FV40	F	08:34.4	101	00:01:40.75	00:43:12.45	120	00:01:09.05	00:26:43.30	122	01:21:20.00	115	6	22	
155	Mark	Shepherd	MV40	M	09:29.0	139	00:01:12.45	00:40:33.25	88	00:00:59.80	00:29:14.90	164	01:21:29.35	116	19	92	
175	Ryan	Campbell	MS30	M	07:37.7	47	00:01:49.25	00:44:32.45	137	00:01:24.75	00:26:11.00	113	01:21:35.15	117	10	93	
230	Matthew	Mitchell	MS20	M	11:42.8	190	00:02:33.75	00:43:55.05	129	00:00:45.60	00:23:18.80	58	01:22:15.95	118	28	94	
68	Katy	Douglas	FS25	F	06:56.6	23	00:02:06.50	00:43:40.45	126	00:01:28.55	00:28:08.00	151	01:22:20.10	119	3	23	
225	Richard	Cater	MS20	M	08:11.0	79	00:01:28.55	00:42:32.50	114	00:01:16.15	00:29:04.45	163	01:22:32.65	120	29	95	
148	Garry	Clamp	MS30	M	08:32.2	98	00:01:38.60	00:44:09.95	131	00:01:22.10	00:27:06.05	131	01:22:48.90	121	11	96	
79	Samantha	Laverick	T	T	08:02.4	72	00:00:55.70	00:44:11.55	133	00:00:53.30	00:28:49.50	160	01:22:52.45	122	3	3	
44	Helen	Elbourne	FV40	F	09:21.6	132	00:02:07.85	00:44:18.50	134	00:01:25.35	00:25:42.35	102	01:22:55.65	123	7	24	
42	Sara	Wright	FS50	F	09:35.1	145	00:00:57.55	00:45:35.90	145	00:00:41.60	00:26:23.40	118	01:23:13.55	124	5	25	
22	Robyn	Postlethwaite	FS20	F	08:33.3	99	00:01:20.60	00:47:50.00	158	00:00:41.55	00:24:50.25	89	01:23:15.70	125	6	26	
113	Stuart	Golby	MV40	M	10:41.0	171	00:01:46.70	00:43:03.10	119	00:01:26.60	00:26:20.05	116	01:23:17.45	126	20	97	
20	Gail	Muldoon	FS35	F	10:35.8	169	00:01:59.25	00:44:25.80	136	00:01:05.80	00:25:21.85	98	01:23:28.50	127	4	27	
43	Robert	Preston	MV40	M	08:57.1	116	00:01:20.25	00:44:44.00	138	00:01:14.30	00:27:17.75	133	01:23:33.35	128	21	98	
105	James	Wilson	MS30	M	14:11.3	208	00:02:14.70	00:41:27.10	98	00:01:12.50	00:24:35.20	85	01:23:40.80	129	12	99	
23	Sarah	Ruston	FV45	F	09:30.3	140	00:01:27.15	00:43:37.70	123	00:01:13.30	00:28:11.65	153	01:24:00.15	130	3	28	
165	Colin	Hodgson	MV50	M	08:28.2	95	00:00:59.60	00:43:29.55	122	00:01:10.95	00:29:52.70	173	01:24:01.00	131	6	100	
85	Phil	Ross	MV50	M	08:45.3	108	00:01:28.35	00:42:16.90	107	00:01:17.45	00:30:15.40	175	01:24:03.35	132	7	101	
132	Dan	Ross	MV40	M	10:27.1	164	00:02:05.70	00:41:50.15	102	00:00:34.80	00:29:30.05	169	01:24:27.80	133	22	102	
51	Victoria	Nickson	FS25	F	07:52.9	62	00:01:47.50	00:46:14.75	148	00:01:00.75	00:27:37.15	139	01:24:33.05	134	4	29	
229	Kerry	Mcfarlane	FV45	F	09:56.4	152	00:01:39.20	00:46:13.30	147	00:01:22.75	00:25:45.55	104	01:24:57.25	135	4	30	
56	Katie	Benson	FS30	F	08:41.5	106	00:01:36.65	00:45:30.90	143	00:01:24.85	00:27:49.75	145	01:25:03.60	136	4	31	
123	Chris	Birchall	MS20	M	10:17.4	159	00:01:19.90	00:47:54.65	160	00:01:42.70	00:24:09.65	75	01:25:24.25	137	30	103	
170	Scott	Lingard	MS20	M	09:14.4	128	00:01:57.25	00:41:29.30	99	00:01:15.95	00:31:30.25	185	01:25:27.10	138	31	104	
53	Bethanne	Barnett-Jones	FS20	F	08:24.2	92	00:01:38.05	00:44:56.75	139	00:01:17.05	00:29:34.10	171	01:25:50.15	139	7	32	
62	Louise	Wareing	FS35	F	08:18.1	87	00:01:16.25	00:49:56.60	176	00:00:44.25	00:25:58.45	108	01:26:13.60	140	5	33	
126	Alex	Mcintosh	MS25	M	11:56.5	194	00:01:37.90	00:43:20.90	121	00:02:59.10	00:26:20.45	117	01:26:14.85	141	10	105	
41	Lisa	Bolton	FS35	F	10:36.6	170	00:02:14.70	00:44:06.75	130	00:01:08.55	00:28:08.40	152	01:26:15.00	142	6	34	
99	Louis	Glaves	MJ	M	08:22.9	89	00:02:29.10	00:46:21.55	151	00:00:48.35	00:28:15.50	155	01:26:17.35	143	4	106	
4	Helen	Minett	FS30	F	09:17.9	129	00:02:04.75	00:47:02.25	153	00:01:18.15	00:27:22.00	135	01:27:05.05	144	5	35	
216	Jack	Royle	MJ	M	05:39.0	2	00:03:58.75	00:49:20.90	170	00:00:42.10	00:27:28.60	138	01:27:09.40	145	5	107	
122	David	Watson	MV55	M	13:36.0	207	00:01:15.60	00:45:26.05	142	00:00:58.85	00:25:54.55	107	01:27:11.05	146	3	108	
86	Marc	Moorby	MS25	M	10:26.4	163	00:01:33.25	00:46:05.40	146	00:01:14.10	00:28:07.50	150	01:27:26.65	147	11	109	
109	Stephen	Williams	MS30	M	08:07.1	77	00:01:57.70	00:43:53.00	128	00:01:13.85	00:32:28.70	192	01:27:40.35	148	13	110	

Bib	First	Last	Cat	Sex	Swim	Rank	T1	Bike	Rank	T2	Run	Rank	Finish	OA	Cat	Sex	
218	Stuart	Mckay	MV40	M	08:51.6	113	00:01:09.00	00:47:46.50	157	00:01:15.50	00:28:41.40	159	01:27:44.00	149	23	111	
124	Ashley	Hanson	MS20	M	08:43.1	107	00:01:50.25	00:47:58.15	161	00:01:17.40	00:27:55.75	146	01:27:44.65	150	32	112	
101	Fraser	Lacey	MS20	M	09:01.7	119	00:02:24.90	00:52:47.45	190	00:00:47.35	00:22:45.35	44	01:27:46.75	151	33	113	
28	Dawn	McCracken	FV45	F	11:30.5	188	00:01:14.50	00:45:16.85	141	00:01:12.20	00:28:40.80	158	01:27:54.85	152	5	36	
154	Robert	Hamill	MV40	M	10:11.7	155	00:02:44.95	00:46:16.25	149	00:01:32.85	00:27:19.60	134	01:28:05.30	153	24	114	
80	Rachel	Garrett	T	T	13:34.1	206	00:02:56.80	00:35:53.60	21	00:01:31.65	00:34:16.75	198	01:28:12.85	154	4	4	
150	Jeffrey	Blair	MS35	M	09:51.8	151	00:02:07.60	00:47:05.05	154	00:00:52.85	00:28:26.40	157	01:28:23.75	155	13	115	
73	Taylor	Carrie	FJ	F	06:29.5	12	00:01:54.35	00:53:05.80	193	00:00:42.45	00:26:24.40	119	01:28:36.50	156	3	37	
49	Laura	Mitchell	FV55	F	09:12.0	124	00:02:56.20	00:45:34.20	144	00:02:00.30	00:28:59.70	162	01:28:42.35	157	1	38	
121	David	Tesseyman	MV50	M	12:30.3	199	00:01:47.60	00:46:42.15	152	00:00:54.75	00:27:05.80	130	01:29:00.55	158	8	116	
30	Emma	Sherlock	FS30	F	08:24.1	91	00:02:03.15	00:47:22.80	156	00:02:00.15	00:29:28.90	168	01:29:19.10	159	6	39	
102	Peter	Simmons	MS30	M	15:02.1	209	00:02:06.30	00:42:57.05	118	00:01:39.05	00:27:44.10	143	01:29:28.60	160	14	117	
241	Simon	Unwin	MS20	M	09:59.5	154	00:02:51.50	00:42:18.05	108	00:02:01.50	00:32:20.00	191	01:29:30.50	161	34	118	
24	Janette	Bailey-Woods	FV40	F	10:33.9	168	00:01:28.90	00:45:07.75	140	00:00:59.10	00:31:23.60	184	01:29:33.20	162	8	40	
26	Victoria	Atkinson	FV40	F	11:14.0	181	00:02:02.15	00:48:58.10	168	00:00:48.00	00:26:31.70	121	01:29:34.00	163	9	41	
18	Carlie	Thompson	FS35	F	10:44.5	176	00:01:16.75	00:48:17.05	164	00:01:16.85	00:28:19.25	156	01:29:54.45	164	7	42	
3	Fiona	Marley Paterson	FS25	F	11:16.2	182	00:02:17.65	00:51:04.15	184	00:01:03.45	00:24:20.00	80	01:30:01.45	165	5	43	
16	Kate	Robinson	FS20	F	09:20.7	131	00:01:54.40	00:48:15.80	163	00:01:29.05	00:29:45.20	172	01:30:45.10	166	8	44	
242	Gerg	Garrett	MV40	M	10:51.3	179	00:02:34.25	00:42:13.15	106	00:01:40.60	00:33:46.80	194	01:31:06.05	167	25	119	
45	Alex	Longrigg	FV40	F	08:47.6	110	00:02:26.55	00:48:47.30	166	00:00:54.65	00:30:55.65	181	01:31:51.70	168	10	45	
140	Paul	Fenton	MS20	M	12:37.7	201	00:03:15.05	00:47:06.90	155	00:02:10.60	00:26:44.35	123	01:31:54.60	169	35	120	
47	Rachel	Freer	FS30	F	11:29.4	187	00:02:30.35	00:48:56.45	167	00:01:21.15	00:27:42.90	141	01:32:00.30	170	7	46	
100	Jack	Kirk	MJ	M	08:51.5	112	00:01:59.85	00:57:32.05	202	00:00:33.50	00:23:16.75	55	01:32:13.70	171	6	121	
77	Amy	Orrell	T	T	06:34.3	14	00:00:56.35	00:49:24.50	172	00:00:42.70	00:35:21.30	203	01:32:59.20	172	5	5	
10	Emma	Chadwick	FS30	F	12:39.2	202	00:02:31.70	00:50:00.95	177	00:00:48.50	00:26:59.30	127	01:32:59.70	173	8	47	
185	Simon	Chester	MV40	M	09:38.9	147	00:02:08.70	00:48:17.45	165	00:00:54.25	00:32:06.50	188	01:33:05.75	174	26	122	
32	Helen	Parkinson	FS30	F	09:14.2	127	00:02:53.30	00:50:10.00	179	00:01:56.70	00:29:32.00	170	01:33:46.25	175	9	48	
134	Ben	Drulia	MS20	M	09:36.9	146	00:02:16.50	00:49:12.45	169	00:01:09.10	00:31:34.95	187	01:33:49.95	176	36	123	
118	Derek	Walsh	MV55	M	10:33.4	167	00:03:56.05	00:47:51.90	159	00:02:10.55	00:29:23.00	167	01:33:54.90	177	4	124	
130	Charlie	Tahir	MS35	M	11:03.6	180	00:01:43.40	00:49:50.75	174	00:00:44.30	00:30:40.70	180	01:34:02.75	178	14	125	
50	Hannah	Tahir	FS35	F	09:33.7	144	00:02:21.70	00:50:46.55	182	00:02:43.55	00:28:58.15	161	01:34:23.70	179	8	49	
29	Samantha	Murray	FS25	F	08:58.5	117	00:02:15.30	00:50:25.30	181	00:01:48.85	00:30:58.45	182	01:34:26.40	180	6	50	
116	Christopher	Moore	MV50	M	10:12.0	156	00:01:59.15	00:48:14.55	162	00:01:20.70	00:32:52.70	193	01:34:39.05	181	9	126	
40	Lauren	Ball	FS20	F	08:30.7	97	00:01:40.40	00:46:17.00	150	00:01:29.40	00:37:00.40	205	01:34:57.85	182	9	51	
117	Piotr	Bienkowski	MV55	M	11:23.2	184	00:02:26.95	00:49:22.10	171	00:01:36.55	00:30:29.90	177	01:35:18.70	183	5	127	
8	Katherine	Brown	FS25	F	12:36.9	200	00:03:25.95	00:51:21.70	185	00:01:09.35	00:27:45.90	144	01:36:19.80	184	7	52	
61	Rachel	Williams	FS30	F	07:58.5	70	00:02:46.45	00:49:53.50	175	00:01:22.25	00:34:23.55	199	01:36:24.30	185	10	53	

Bib	First	Last	Cat	Sex	Swim	Rank	T1	Bike	Rank	T2	Run	Rank	Finish	OA	Cat	Sex	
31	Emily	Smythies	FS30	F	09:27.5	135	00:02:09.80	00:50:01.60	178	00:01:58.60	00:33:49.25	196	01:37:26.75	186	11	54	
27	Sophie	Mcclellan	FS20	F	11:20.5	183	00:01:30.50	00:56:32.90	200	00:00:56.40	00:27:43.40	142	01:38:03.75	187	10	55	
35	Sharon	Alderson	FV40	F	12:49.6	204	00:02:54.25	00:52:40.00	188	00:01:15.50	00:29:17.55	166	01:38:56.85	188	11	56	
136	Karl	Lowe	MV40	M	09:19.1	130	00:06:15.80	00:52:47.10	189	00:01:18.20	00:29:16.80	165	01:38:56.95	189	27	128	
6	Donna	Chester	FS35	F	13:27.0	205	00:03:19.05	00:53:56.05	196	00:00:56.95	00:27:25.65	137	01:39:04.75	190	9	57	
149	John	Smith	MS35	M	10:21.3	160	00:02:55.35	00:52:58.20	192	00:01:46.50	00:31:09.00	183	01:39:10.30	191	15	129	
157	Stuart	Stephen	MV50	M	10:14.4	158	00:04:28.20	00:52:01.70	186	00:01:58.95	00:30:36.10	179	01:39:19.35	192	10	130	
147	Craig	Suththeran	MS30	M	11:46.6	191	00:03:02.70	00:52:04.35	187	00:02:00.05	00:30:35.20	178	01:39:28.90	193	15	131	
13	Bev	Foster	FV45	F	11:51.1	192	00:02:04.30	00:53:11.30	194	00:00:57.70	00:31:32.55	186	01:39:36.95	194	6	58	
17	Wendy	Birkett	FV55	F	10:51.1	178	00:03:00.80	00:56:05.25	198	00:02:05.25	00:28:04.90	149	01:40:07.30	195	11	59	
96	Gregory	Richardson	MS35	M	10:50.0	177	00:04:08.85	00:53:54.35	195	00:01:04.15	00:30:23.25	176	01:40:20.55	196	16	132	
15	Natalie	Lees	FS25	F	09:33.0	143	00:03:40.05	00:52:56.45	191	00:02:02.65	00:32:19.80	190	01:40:31.95	197	8	60	
21	Sandra	Lawton	FV50	F	12:14.4	197	00:02:51.50	00:50:15.30	180	00:01:01.25	00:35:18.85	202	01:41:41.35	198	1	61	
12	Tracie	Wallis	FV45	F	12:12.5	196	00:02:13.10	00:50:49.15	183	00:00:50.95	00:35:43.10	204	01:41:48.80	199	7	62	
48	Manda	Johnson-Holme	FV40	F	09:44.0	148	00:02:46.35	00:56:37.30	201	00:01:18.65	00:34:52.20	201	01:45:18.55	200	12	63	
83	Simon	Mason	MV55	M	10:41.7	173	00:03:20.60	00:55:46.85	197	00:01:30.35	00:34:46.60	200	01:46:06.10	201	6	133	
36	Shelley	Denby	FV40	F	09:57.6	153	00:02:40.90	01:02:26.20	206	00:00:56.70	00:30:09.70	174	01:46:11.05	202	13	64	
19	Peggy	Plancke	FS35	F	11:55.5	193	00:03:28.05	00:49:34.70	173	00:01:01.70	00:40:48.75	208	01:46:48.75	203	10	65	
7	Emily	Walsh	FS20	F	10:42.3	174	00:03:55.95	01:02:42.05	207	00:01:10.85	00:33:57.50	197	01:52:28.70	204	12	66	
39	Jennifer	Yates	FV50	F	10:22.3	161	00:03:00.80	01:00:28.30	204	00:01:12.40	00:37:44.20	206	01:52:48.05	205	2	67	
37	Maureen	Osborne	FV40	F	08:16.6	84	00:01:52.05	01:08:27.95	209	00:00:58.60	00:33:46.95	195	01:53:22.20	206	14	68	
33	Katrina	Singleton	FS35	F	09:02.0	120	00:02:49.55	00:58:03.10	203	00:01:59.55	00:43:15.70	209	01:55:09.85	207	11	69	
2	Natalie	Winters	FS30	F	17:23.2	210	00:02:55.15	01:01:54.55	205	00:01:23.30	00:32:11.30	189	01:55:47.55	208	12	70	
11	Helen	Knagg	FS35	F	12:03.6	195	00:03:10.20	00:56:10.40	199	00:01:55.70	00:45:18.30	210	01:58:38.15	209	12	71	
226	Frank	Chalmers	MS20	M	17:54.2	211	00:05:33.85	01:04:44.25	208	00:01:27.60	00:38:41.20	207	02:08:21.10	210	37	134	
243	Michael	Garrett	MJ	M	10:12.0	157	00:03:01.90							DNF			
186	Colin	Fowler	MV40	M	07:48.1	58	00:01:36.40							DNF			