

| Bib | First | Last | Club | Sex | Swim | T1 | Bike | T2 | Run | Finish | Overall | Sex |
|-----|-----------|------------|-----------------------------|-----|---------|-------------|-------------|-------------|-------------|-------------|---------|-----|
| 554 | Joe | Beed | LUTC | M | 09:25.7 | | 00:29:43.55 | 00:00:38.05 | 00:17:34.05 | 00:57:21.35 | 1 | 1 |
| 522 | Robert | Hornby | Unattached | M | 07:42.4 | | 00:31:36.90 | 00:00:41.40 | 00:17:54.90 | 00:57:55.65 | 2 | 2 |
| 553 | Peter | Dennis | COLT | M | 07:10.8 | | 00:31:35.35 | 00:00:31.00 | 00:18:48.40 | 00:58:05.50 | 3 | 3 |
| 511 | Alasdair | Fairhurst | Unattached | M | 06:41.6 | | 00:32:09.15 | 00:00:30.05 | 00:19:22.90 | 00:58:43.65 | 4 | 4 |
| 540 | William | Sisson | Unattached | M | 09:25.4 | | 00:30:56.10 | 00:00:46.35 | 00:20:11.15 | 01:01:19.00 | 5 | 5 |
| 550 | Nigel | Baines | COLT | M | 08:31.4 | 00:01:07.20 | 00:31:57.10 | 00:00:42.50 | 00:19:48.05 | 01:02:06.20 | 6 | 6 |
| 545 | Andrew | Wilkin | Unattached | M | 09:04.4 | | 00:33:15.50 | 00:00:49.05 | 00:19:28.70 | 01:02:37.70 | 7 | 7 |
| 538 | Andrew | Sedgwick | Bike Science Boardman Elite | M | 09:31.8 | 00:01:19.25 | 00:31:20.55 | 00:00:52.15 | 00:20:01.15 | 01:03:04.95 | 8 | 8 |
| 526 | Christine | Johnson | Sleeker Swimmer | F | 07:26.0 | | 00:33:25.90 | 00:00:46.35 | 00:21:29.05 | 01:03:07.30 | 9 | 1 |
| 551 | Andrew | Horn | COLT | M | 09:26.3 | | 00:33:14.35 | 00:00:41.20 | 00:20:21.10 | 01:03:42.95 | 10 | 9 |
| 518 | Tim | Grayston | Unattached | M | 11:37.7 | 00:01:37.25 | 00:30:53.85 | 00:00:43.50 | 00:19:25.70 | 01:04:17.95 | 11 | 10 |
| 520 | Sarah | Hodgson | COLT | F | 07:19.6 | | 00:37:28.50 | 00:00:41.30 | 00:18:48.75 | 01:04:18.15 | 12 | 2 |
| 509 | Emily | Deason | Loughborough TRC | F | 09:30.8 | 00:01:13.30 | 00:34:01.70 | 00:00:44.20 | 00:20:53.40 | 01:06:23.35 | 13 | 3 |
| 548 | Paul | Rickerby | Kendal Tri Club | M | 07:54.3 | | 00:36:13.45 | 00:00:43.25 | 00:21:59.45 | 01:06:50.45 | 14 | 11 |
| 508 | Thomas | Dean-Betts | COLT | M | 09:54.3 | 00:01:18.85 | 00:33:57.35 | 00:00:51.55 | 00:21:07.70 | 01:07:09.75 | 15 | 12 |
| 544 | Andrew | Webster | COLT | M | 10:43.2 | 00:01:07.35 | 00:32:37.45 | 00:01:17.50 | 00:21:29.75 | 01:07:15.20 | 16 | 13 |
| 537 | Michelle | Scott | Bike Science Boardman Elite | F | 07:52.0 | | 00:36:58.60 | 00:00:51.40 | 00:21:49.55 | 01:07:31.55 | 17 | 4 |
| 507 | Paul | Deacon | Unattached | M | 09:35.3 | 00:01:12.00 | 00:34:45.35 | 00:00:51.85 | 00:21:24.45 | 01:07:48.95 | 18 | 14 |
| 555 | Yvonne | Russell | Unattached | F | 09:13.5 | | 00:35:32.90 | 00:00:53.65 | 00:22:09.45 | 01:07:49.50 | 19 | 5 |
| 546 | Martyn | Willacy | Unattached | M | 11:36.1 | 00:01:27.70 | 00:32:59.55 | 00:01:04.75 | 00:21:22.55 | 01:08:30.65 | 20 | 15 |
| 515 | Brett | Fletcher | COLT | M | 07:59.2 | 00:01:12.95 | 00:35:38.00 | 00:00:58.85 | 00:23:13.30 | 01:09:02.25 | 21 | 16 |
| 559 | William | Johnson | Preston Harriers | M | 11:03.8 | 00:01:26.30 | 00:35:22.40 | 00:01:00.00 | 00:20:35.30 | 01:09:27.75 | 22 | 17 |
| 549 | Rowan | Wood | COLT | M | 10:15.9 | | 00:37:36.80 | 00:00:57.90 | 00:20:55.25 | 01:09:45.90 | 23 | 18 |
| 510 | Jenny | Evan | COLT | F | 09:32.6 | | 00:35:59.20 | 00:00:53.80 | 00:23:40.20 | 01:10:05.80 | 24 | 6 |
| 534 | Kerry | Oldfield | Unattached | M | 07:51.3 | 00:01:36.05 | 00:36:39.60 | 00:00:45.80 | 00:23:26.25 | 01:10:19.05 | 25 | 19 |
| 521 | John | Hodkinson | COLT | M | 07:49.1 | 00:01:02.75 | 00:35:51.05 | 00:00:54.80 | 00:25:02.70 | 01:10:40.35 | 26 | 20 |
| 535 | Tony | Preston | Unattached | M | 10:17.5 | | 00:36:22.35 | 00:00:48.80 | 00:23:48.55 | 01:11:17.20 | 27 | 21 |
| 502 | Mark | Bales | COLT | M | 09:58.9 | 00:01:17.25 | 00:36:37.75 | 00:01:10.55 | 00:23:04.35 | 01:12:08.75 | 28 | 22 |
| 525 | Peter | Jagan | Craven Energy | M | 11:41.8 | 00:01:17.40 | 00:36:12.25 | 00:01:17.50 | 00:22:48.15 | 01:13:17.10 | 29 | 23 |
| 556 | Stuart | O'Connor | COLT | M | 09:29.3 | 00:01:32.45 | 00:38:44.25 | 00:01:08.35 | 00:22:26.40 | 01:13:20.80 | 30 | 24 |
| 506 | Kevin | Conway | Mersey Tri | M | 11:37.1 | | 00:37:18.45 | 00:01:17.60 | 00:23:15.45 | 01:13:28.55 | 31 | 25 |
| 505 | Andy | Coley | Unattached | M | 11:31.3 | 00:01:26.20 | 00:34:35.10 | 00:01:07.20 | 00:24:55.70 | 01:13:35.45 | 32 | 26 |
| 527 | Darren | Leeming | COLT | M | 13:19.9 | 00:01:36.05 | 00:36:04.90 | 00:00:49.40 | 00:22:13.95 | 01:14:04.20 | 33 | 27 |

| Bib | First | Last | Club | Sex | Swim | T1 | Bike | T2 | Run | Finish | Overall | Sex |
|-----|----------|------------|--------------------------|-----|---------|-------------|-------------|-------------|-------------|-------------|---------|-----|
| 516 | Mark | Fraser | Wakefield Triathlon Club | M | 10:04.1 | 00:01:28.25 | 00:36:29.40 | 00:00:53.60 | 00:25:28.90 | 01:14:24.25 | 34 | 28 |
| 503 | Mark | Brotherton | Unattached | M | 10:03.8 | 00:02:02.65 | 00:38:01.10 | 00:01:03.40 | 00:23:47.20 | 01:14:58.15 | 35 | 29 |
| 524 | Margaret | Jagan | Craven Energy | F | 10:52.3 | 00:02:21.25 | 00:40:09.90 | 00:01:08.65 | 00:23:04.95 | 01:17:37.05 | 36 | 7 |
| 558 | Sam | Westworth | Unattached | M | 09:48.3 | 00:02:17.00 | 00:38:27.15 | 00:01:11.25 | 00:26:32.85 | 01:18:16.50 | 37 | 30 |
| 539 | Mark | Shackleton | Unattached | M | 12:44.3 | 00:02:56.05 | 00:36:26.15 | 00:01:25.20 | 00:25:38.35 | 01:19:10.05 | 38 | 31 |
| 530 | Mathew | Marshal | Unattached | M | 10:27.4 | 00:02:13.45 | 00:42:07.95 | 00:01:20.00 | 00:23:22.50 | 01:19:31.25 | 39 | 32 |
| 541 | Rachel | Tilburn | Unattached | F | 10:59.7 | 00:02:12.40 | 00:39:10.85 | 00:00:52.50 | 00:26:56.55 | 01:20:12.00 | 40 | 8 |
| 523 | Vicky | Howse | Aycliffe Tri Club | F | 10:21.5 | 00:01:09.50 | 00:39:10.85 | 00:01:12.65 | 00:30:04.90 | 01:21:59.35 | 41 | 9 |
| 514 | Hollie | Fisher | Unattached | F | 10:22.2 | 00:01:15.00 | 00:41:59.80 | 00:00:55.20 | 00:28:08.50 | 01:22:40.65 | 42 | 10 |
| 532 | Fiona | Murray | Carlisle Tri Club | F | 12:11.5 | 00:01:32.00 | 00:43:03.85 | 00:01:25.50 | 00:26:56.90 | 01:25:09.75 | 43 | 11 |
| 533 | Nigel | Neil | COLT | M | 13:50.5 | 00:02:24.15 | 00:40:15.35 | 00:01:27.15 | 00:27:20.75 | 01:25:17.85 | 44 | 33 |
| 552 | Jude | Swan | Kendal Tri Club | F | 12:43.2 | 00:01:48.00 | 00:41:13.55 | 00:01:04.60 | 00:31:27.75 | 01:28:17.05 | 45 | 12 |
| 557 | Deb | Armstrong | Unattached | F | 10:14.5 | 00:01:56.70 | 00:48:02.45 | 00:00:40.05 | 00:29:54.10 | 01:30:47.80 | 46 | 13 |
| 547 | Steve | Williams | Unattached | M | 14:18.6 | 00:01:52.55 | 00:42:41.75 | 00:01:32.40 | 00:30:22.50 | 01:30:47.80 | 47 | 34 |
| 513 | Nicola | Farrell | Unattached | F | 14:09.7 | 00:01:46.75 | 00:44:40.70 | 00:01:08.75 | 00:32:11.30 | 01:33:57.15 | 48 | 14 |
| 517 | Jamie | Garner | Unattached | M | 13:22.6 | 00:01:29.05 | 00:47:48.90 | 00:00:48.30 | 00:33:33.95 | 01:37:02.80 | 49 | 35 |
| 519 | Caroline | Hickman | Unattached | F | 13:36.2 | 00:03:21.85 | 01:01:25.70 | 00:00:59.05 | 00:35:06.15 | 01:54:28.90 | 50 | 15 |
| 531 | Julie | Mayfield | Unattached | F | 13:39.2 | 00:04:09.35 | 01:03:47.30 | 00:01:09.20 | 00:42:36.05 | 02:05:21.10 | 51 | 16 |
| 543 | Kelly | Ward | Unattached | F | 12:04.5 | 00:01:40.20 | 00:52:04.80 | | | | DNF | |