

Kendal Sprint (2) 29th of September 2013

| Bib | First | Last | Club | Cat | Sex | Swim | Bike | Run | Finish | OA | Cat | Sex |
|------------|--------------|--------------|--------------------------------|------------|------------|-------------|-------------|------------|---------------|-----------|------------|------------|
| 91 | Rodger | Wilkins | Racepace | MS | M | 00:08:08 | 00:34:25 | 00:18:02 | 01:00:36 | 1 | 1 | 1 |
| 193 | Steve | Snape | Tri Preston | MS | M | 00:08:15 | 00:34:45 | 00:20:24 | 01:03:25 | 2 | 2 | 2 |
| 186 | Dominic | Robinson | Unattached | MV | M | 00:09:01 | 00:34:01 | 00:20:26 | 01:03:28 | 3 | 1 | 3 |
| 216 | Andrew | Horn | Colt | MS | M | 00:08:16 | 00:34:42 | 00:20:41 | 01:03:39 | 4 | 3 | 4 |
| 24 | Mark | Nicholson | Arragons | MV | M | 00:08:10 | 00:34:39 | 00:21:22 | 01:04:11 | 5 | 2 | 5 |
| 212 | David | Winder | Unattached | MV | M | 00:08:04 | 00:36:07 | 00:20:48 | 01:04:59 | 6 | 3 | 6 |
| 197 | James | Souter | Arragons Tri Club | MS | M | 00:09:03 | 00:36:48 | 00:19:52 | 01:05:43 | 7 | 4 | 7 |
| 181 | Andrew | Wilkin | Unattached | MS | M | 00:08:47 | | 00:57:14 | 01:06:02 | 8 | 5 | 8 |
| 171 | T | Bateson | Unattached | MV | M | 00:10:03 | 00:36:24 | 00:20:10 | 01:06:37 | 9 | 4 | 9 |
| 236 | Nigel | Baines | Colt | MS | M | 00:08:22 | 00:36:43 | 00:21:55 | 01:06:59 | 10 | 6 | 10 |
| 201 | Neil | Robinson | Kendal Tri | MS | M | 00:08:34 | 00:35:38 | 00:23:42 | 01:07:54 | 11 | 7 | 11 |
| 5 | Uri | Santos | Uri Gellars | T | T | 00:08:36 | 00:39:05 | 00:20:20 | 01:08:02 | 12 | 1 | 1 |
| 158 | Thomas | Durcan | Derwent Ac | MS | M | 00:09:20 | 00:38:33 | 00:21:01 | 01:08:54 | 13 | 8 | 12 |
| 204 | Paul | Rickerby | Kendal Tri Club | MV | M | 00:07:02 | 00:39:06 | 00:22:57 | 01:09:05 | 14 | 5 | 13 |
| 213 | Nick | Bennett | The Endurance Store | MV | M | 00:07:58 | 00:38:08 | 00:23:55 | 01:10:01 | 15 | 6 | 14 |
| 203 | Mike | Dent | Unattached | MV | M | 00:07:13 | 00:38:41 | 00:24:26 | 01:10:19 | 16 | 7 | 15 |
| 59 | Judith | Irving | Unattached | FV | F | 00:09:36 | 00:37:42 | 00:23:08 | 01:10:25 | 17 | 1 | 1 |
| 66 | Sarah | Kenny | Manchester Triathlon Club | FS | F | 00:08:22 | 00:38:57 | 00:23:39 | 01:10:58 | 18 | 1 | 2 |
| 154 | Mark | Simmonds | Unattached | MV | M | 00:11:07 | 00:37:53 | 00:22:14 | 01:11:14 | 19 | 8 | 16 |
| 75 | Jonny | Evans | Tri Preston | MS | M | 00:07:40 | 00:31:49 | 00:31:49 | 01:11:18 | 20 | 9 | 17 |
| 210 | John | Robb | City Of Chester | MV | M | 00:10:08 | 00:37:12 | 00:23:59 | 01:11:19 | 21 | 9 | 18 |
| 188 | Dave | Hollingworth | Tri Preston | MV | M | 00:08:41 | 00:41:03 | 00:21:36 | 01:11:20 | 22 | 10 | 19 |
| 202 | Peter | Martinovsky | Unattached | MV | M | 00:08:07 | 00:39:39 | 00:23:46 | 01:11:32 | 23 | 11 | 20 |
| 209 | Paul | Crosby | Kendal Triathlon Club | MV | M | 00:10:19 | 00:37:22 | 00:23:54 | 01:11:36 | 24 | 12 | 21 |
| 187 | Simon | Granger | Man Tri | MV | M | 00:08:57 | 00:37:52 | 00:25:02 | 01:11:50 | 25 | 13 | 22 |
| 88 | Richard | Harvey | Unattached | MS | M | 00:10:53 | 00:38:34 | 00:22:24 | 01:11:51 | 26 | 10 | 23 |
| 140 | Ed | Townshend | Tri Preston | MS | M | 00:11:26 | 01:00:30 | | 01:11:56 | 27 | 11 | 24 |
| 175 | Craig | Peart | Colt | MS | M | 00:09:16 | 00:37:46 | 00:25:17 | 01:12:19 | 28 | 12 | 25 |
| 156 | Danny | Martin | Darwen Leisure Centre | MS | M | 00:08:34 | 00:40:08 | 00:23:46 | 01:12:28 | 29 | 13 | 26 |
| 183 | Mark | Dixon | Unattached | MV | M | 00:09:49 | 00:38:56 | 00:24:02 | 01:12:48 | 30 | 14 | 27 |
| 178 | John | Wilding | City Of Chester Triathlon Club | MV | M | 00:09:44 | 00:39:34 | 00:24:15 | 01:13:33 | 31 | 15 | 28 |
| 196 | Jack | Walton | Arragons | MJ | M | 00:08:38 | 00:42:43 | 00:22:13 | 01:13:34 | 32 | 1 | 29 |
| 169 | Jeremy | Hoggarth | Team Jed | MV | M | 00:09:11 | 00:32:17 | 00:32:17 | 01:13:46 | 33 | 16 | 30 |
| 3 | Matt | Donnelly | Darwen Leisure Centre | T | T | 00:08:38 | 00:39:29 | 00:25:49 | 01:13:56 | 34 | 2 | 2 |
| 12 | Victoria | Stainton | Unattached | FS | F | 00:14:39 | 00:59:20 | | 01:13:59 | 35 | 2 | 3 |
| 9 | William | Johnstone | Preston Harriers | MV | M | 00:11:25 | 00:40:48 | 00:22:00 | 01:14:13 | 36 | 17 | 31 |
| 239 | Emma | McKnespley | Carlisle Tri Club | FS | F | 00:09:01 | 00:42:41 | 00:22:36 | 01:14:19 | 37 | 3 | 4 |
| 141 | Chris | Stuttard | Darwen Leisure Centre | MS | M | 00:10:13 | 00:39:52 | 00:24:45 | 01:14:50 | 38 | 14 | 32 |
| 199 | Sing | Chan | Unattached | MV | M | 00:12:03 | 00:38:52 | 00:24:12 | 01:15:07 | 39 | 18 | 33 |
| 10 | Emily | Baldock | Kendal Tri Club | FS | F | 00:08:17 | 00:41:47 | 00:25:05 | 01:15:09 | 40 | 4 | 5 |
| 172 | Mark | Doherty | Fleetwood Tri Club | MV | M | 00:10:14 | 00:40:06 | 00:24:50 | 01:15:11 | 41 | 19 | 34 |
| 110 | Matthew | Thorley | Unattached | MS | M | 00:11:09 | 00:40:40 | 00:23:32 | 01:15:21 | 42 | 15 | 35 |
| 101 | Peter | Jackson | Unattached | MV | M | 00:08:52 | 00:39:06 | 00:27:34 | 01:15:32 | 43 | 20 | 36 |
| 179 | Scott | Jeffery | Kendal Triathlon Club | MS | M | 00:09:37 | 00:39:56 | 00:26:02 | 01:15:35 | 44 | 16 | 37 |
| 92 | Barry | Maskell | Unattached | MS | M | 00:10:51 | 00:40:15 | 00:24:30 | 01:15:36 | 45 | 17 | 38 |
| 160 | Justin | Dixon | Unattached | MS | M | 00:09:29 | 00:42:46 | 00:23:42 | 01:15:57 | 46 | 18 | 39 |
| 162 | Matt | Atkinson | Kendal Tri Club | MS | M | 00:08:52 | 00:40:32 | 00:26:48 | 01:16:13 | 47 | 19 | 40 |
| 125 | Tony | Battersby | Unattached | MS | M | 00:10:37 | 00:41:10 | 00:24:40 | 01:16:27 | 48 | 20 | 41 |
| 152 | Daren | Slack | Unattached | MV | M | 00:09:11 | 00:44:45 | 00:22:53 | 01:16:49 | 49 | 21 | 42 |
| 153 | Colin | Cavanagh | St Peters Burnley | MV | M | 00:08:53 | 00:46:18 | 00:21:52 | 01:17:03 | 50 | 22 | 43 |
| 133 | Earnshaw | Ken | Unattached | MV | M | 00:11:05 | 00:40:58 | 00:25:05 | 01:17:07 | 51 | 23 | 44 |
| 161 | Lee | Mccoy | Darwen Leisure Centre | MS | M | 00:08:59 | 00:42:33 | 00:25:40 | 01:17:12 | 52 | 21 | 45 |
| 195 | Mark | Oldfield | F4L Coaching | MV | M | 00:09:05 | 00:41:04 | 00:27:07 | 01:17:15 | 53 | 24 | 46 |
| 208 | J | Granger | Unattached | MJ | M | 00:10:33 | 00:40:34 | 00:26:10 | 01:17:17 | 54 | 2 | 47 |
| 67 | Victoria | Kollard | Unattached | FV | F | 00:09:42 | 00:41:01 | 00:26:35 | 01:17:18 | 55 | 2 | 6 |
| 40 | Katie | Lawson | Colt | FS | F | 00:10:16 | 00:41:30 | 00:25:37 | 01:17:22 | 56 | 5 | 7 |

| Bib | First | Last | Club | Cat | Sex | Swim | Bike | Run | Finish | OA | Cat | Sex |
|-----|----------|------------|--------------------------------|-----|-----|----------|----------|----------|----------|-----|-----|-----|
| 159 | Charlie | Poate | None | MS | M | 00:08:26 | 00:42:03 | 00:27:01 | 01:17:30 | 57 | 22 | 48 |
| 118 | Danny | Burns | Costello'S | MS | M | 00:15:33 | 00:40:05 | 00:21:59 | 01:17:37 | 58 | 23 | 49 |
| 207 | Matthew | Nielsen | Arragons Tri Club | MV | M | 00:09:24 | 00:42:26 | 00:25:51 | 01:17:41 | 59 | 25 | 50 |
| 191 | Andrew | Brown | Unattached | MS | M | 00:09:16 | 00:41:51 | 00:26:36 | 01:17:43 | 60 | 24 | 51 |
| 177 | Robert | Cassidy | Unattached | MS | M | 00:10:16 | 00:41:26 | 00:26:10 | 01:17:52 | 61 | 25 | 52 |
| 127 | James | Haddley | Unattached | MS | M | 00:11:24 | 00:33:16 | 00:33:16 | 01:17:56 | 62 | 26 | 53 |
| 217 | Kath | Finn | Kendal Tri | FV | F | 00:11:00 | 00:40:59 | 00:26:00 | 01:17:59 | 63 | 3 | 8 |
| 135 | Paul | Giblin | Unattached | MV | M | 00:10:57 | 00:44:01 | 00:23:06 | 01:18:03 | 64 | 26 | 54 |
| 128 | Stuart | Smith | Unattached | MS | M | 00:12:41 | 00:43:33 | 00:21:50 | 01:18:04 | 65 | 27 | 55 |
| 137 | Jack | Edmondson | Unattached | MS | M | 00:10:04 | 00:42:58 | 00:25:02 | 01:18:05 | 66 | 28 | 56 |
| 170 | Stuart | O'Connor | Unattached | MV | M | 00:08:58 | 00:43:59 | 00:25:09 | 01:18:05 | 67 | 27 | 57 |
| 97 | Troy | Melhuish | Unattached | MS | M | 00:10:43 | 00:41:38 | 00:25:46 | 01:18:06 | 68 | 29 | 58 |
| 151 | Matt | Miller | Unattached | MS | M | 00:09:23 | 00:43:59 | 00:24:48 | 01:18:10 | 69 | 30 | 59 |
| 120 | Stephen | Cogle | Unattached | MV | M | 00:12:52 | 00:41:32 | 00:24:18 | 01:18:42 | 70 | 28 | 60 |
| 182 | Paul | Gillard | Unattached | MS | M | 00:10:18 | 00:34:13 | 00:34:13 | 01:18:43 | 71 | 31 | 61 |
| 189 | David | Skinner | Blackpool Aquatics | MV | M | 00:09:05 | 00:44:51 | 00:24:49 | 01:18:46 | 72 | 29 | 62 |
| 126 | Thomas | Simpson | Haddley'S Spreadsheet Warriors | MS | M | 00:10:29 | 00:41:33 | 00:26:50 | 01:18:52 | 73 | 32 | 63 |
| 71 | Amanda | Singleton | Arragons | FV | F | 00:09:41 | 00:42:44 | 00:26:32 | 01:18:57 | 74 | 4 | 9 |
| 219 | Louise | Trainor | Darlington Tri Club | FV | F | 00:09:28 | 00:45:45 | 00:23:48 | 01:19:00 | 75 | 5 | 10 |
| 132 | Nigel | Barnes | Settle Harriers | MV | M | 00:13:04 | 00:42:38 | 00:23:50 | 01:19:32 | 76 | 30 | 64 |
| 80 | Robert | Brown | Unattached | MS | M | 00:11:31 | 00:41:56 | 00:26:11 | 01:19:38 | 77 | 33 | 65 |
| 123 | Andrew | Hardman | Bolton Tri Club | MV | M | 00:13:58 | 00:38:55 | 00:26:46 | 01:19:39 | 78 | 31 | 66 |
| 4 | Eva | Zutic | Team Taylor | T | T | 00:10:20 | 00:41:52 | 00:27:34 | 01:19:45 | 79 | 3 | 3 |
| 52 | Lisa | Suttle | Unattached | FS | F | 00:08:56 | 00:42:58 | 00:27:56 | 01:19:50 | 80 | 6 | 11 |
| 149 | Chris | Ruston | Kendal Tri Club | MV | M | 00:11:19 | 00:43:09 | 00:25:30 | 01:19:58 | 81 | 32 | 67 |
| 85 | Nick | Higham | Unattached | MV | M | 00:13:25 | 00:43:20 | 00:23:42 | 01:20:27 | 82 | 33 | 68 |
| 45 | Melanie | Koth | Tri Preston | FV | F | 00:11:46 | 00:44:59 | 00:23:44 | 01:20:29 | 83 | 6 | 12 |
| 174 | Peter | Meighen | Unattached | MV | M | 00:09:49 | 01:10:41 | | 01:20:30 | 84 | 34 | 69 |
| 68 | Natasha | Newell | Tri Preston | FV | F | 00:07:32 | 00:45:31 | 00:27:27 | 01:20:30 | 85 | 7 | 13 |
| 79 | Adam | Dubale | Unattached | MS | M | 00:10:47 | 00:46:01 | 00:23:47 | 01:20:35 | 86 | 34 | 70 |
| 220 | Sheona | Southern | Kendal Tri Club | FV | F | 00:09:30 | 00:44:46 | 00:26:25 | 01:20:41 | 87 | 8 | 14 |
| 138 | Adam | Turner | Unattached | MS | M | 00:12:10 | 01:08:32 | | 01:20:43 | 88 | 35 | 71 |
| 60 | Heather | Wood | Kendal Triathlon Club | FS | F | 00:08:29 | 00:45:14 | 00:27:10 | 01:20:53 | 89 | 7 | 15 |
| 57 | Laura | Bicker | Arragons Tri Club | FS | F | 00:09:29 | 00:43:39 | 00:28:04 | 01:21:12 | 90 | 8 | 16 |
| 234 | Adrian | Blundell | Unattached | MS | M | 00:11:15 | 00:43:24 | 00:26:35 | 01:21:14 | 91 | 36 | 72 |
| 81 | James | Carradice | Unattached | MS | M | 00:11:19 | 00:44:49 | 00:25:09 | 01:21:17 | 92 | 37 | 73 |
| 173 | Tim | Stephenson | Brat | MV | M | 00:11:03 | 00:42:32 | 00:27:45 | 01:21:20 | 93 | 35 | 74 |
| 62 | Rachel | Wilson | Colts | FS | F | 00:09:18 | 00:43:30 | 00:28:40 | 01:21:28 | 94 | 9 | 17 |
| 82 | Adrian | Bland | Unattached | MV | M | 00:12:37 | 00:44:02 | 00:24:56 | 01:21:36 | 95 | 36 | 75 |
| 146 | Andy | Dickson | Unattached | MV | M | 00:12:01 | 00:44:16 | 00:25:28 | 01:21:45 | 96 | 37 | 76 |
| 163 | Marc | McLoughlin | Racepace | MS | M | 00:11:15 | 00:42:30 | 00:28:06 | 01:21:51 | 97 | 38 | 77 |
| 93 | Tom | Southward | Ulverston Tri Club | MS | M | 00:11:33 | 00:47:19 | 00:23:15 | 01:22:08 | 98 | 39 | 78 |
| 108 | Craig | McMullen | Tri Preston | MV | M | 00:11:26 | 00:41:53 | 00:28:54 | 01:22:13 | 99 | 38 | 79 |
| 122 | Martin | Pyrah | Unattached | MV | M | 00:12:05 | 00:42:23 | 00:27:56 | 01:22:25 | 100 | 39 | 80 |
| 53 | Carol | Spoor | Tri Preston | FS | F | 00:10:58 | 00:45:05 | 00:26:27 | 01:22:30 | 101 | 10 | 18 |
| 112 | Stuart | Simpson | Unattached | MS | M | 00:11:42 | 00:43:29 | 00:27:22 | 01:22:34 | 102 | 40 | 81 |
| 165 | Neil | Hine | My Tri Club | MS | M | 00:12:23 | 00:43:52 | 00:26:28 | 01:22:43 | 103 | 41 | 82 |
| 218 | Andrea | Counce | Tri Preston | FS | F | 00:08:53 | 00:45:47 | 00:28:06 | 01:22:47 | 104 | 11 | 19 |
| 50 | Kristina | Jackson | Unattached | FS | F | 00:08:53 | 00:46:36 | 00:27:20 | 01:22:49 | 105 | 12 | 20 |
| 96 | Ricky | Maskell | Unattached | MS | M | 00:11:50 | 00:42:44 | 00:28:36 | 01:23:10 | 106 | 42 | 83 |
| 109 | Wayne | Greig | Carlisle Tri Club | MS | M | 00:11:10 | 00:47:10 | 00:23:00 | 01:23:10 | 107 | 43 | 84 |
| 89 | Simon | Houghton | Red Rose Road Runners | MV | M | 00:15:53 | 00:42:34 | 00:24:49 | 01:23:16 | 108 | 40 | 85 |
| 111 | Brian | Lynch | Colts | MV | M | 00:11:07 | 00:44:46 | 00:27:26 | 01:23:19 | 109 | 41 | 86 |
| 121 | Andy | Parker | Unattached | MV | M | 00:09:31 | 00:43:48 | 00:30:09 | 01:23:28 | 110 | 42 | 87 |
| 102 | Mark | Howlett | Unattached | MV | M | 00:09:08 | 00:50:15 | 00:24:23 | 01:23:45 | 111 | 43 | 88 |
| 74 | Robert | Phillips | Unattached | MS | M | 00:10:00 | 00:46:26 | 00:28:00 | 01:24:26 | 112 | 44 | 89 |
| 47 | Karina | Barnes | Darwen Leisure Centre | FS | F | 00:10:15 | 00:46:59 | 00:27:14 | 01:24:27 | 113 | 13 | 21 |

| Bib | First | Last | Club | Cat | Sex | Swim | Bike | Run | Finish | OA | Cat | Sex |
|-----|----------|------------|-------------------------|-----|-----|----------|----------|----------|----------|-----|-----|-----|
| 225 | Isabell | Aitken | Beware the moonshine | T | T | 00:12:32 | 00:50:11 | 00:22:00 | 01:24:43 | 114 | 4 | 4 |
| 142 | Lee | Finch | Unattached | MV | M | 00:11:11 | 00:46:39 | 00:26:57 | 01:24:48 | 115 | 44 | 90 |
| 129 | Alan | Carter | Unattached | MV | M | 00:11:43 | 00:44:08 | 00:29:10 | 01:25:01 | 116 | 45 | 91 |
| 180 | Ryan | Atkinson | Unattached | MS | M | 00:10:43 | 00:46:33 | 00:27:48 | 01:25:04 | 117 | 45 | 92 |
| 221 | Rachel | Blundell | Unattached | FS | F | 00:08:38 | 00:47:07 | 00:29:24 | 01:25:09 | 118 | 14 | 22 |
| 20 | Rosie | Rix | Kendal Tri Club | FS | F | 00:11:36 | 00:42:42 | 00:31:09 | 01:25:27 | 119 | 15 | 23 |
| 6 | Faith | Cobaine | Unattached | FS | F | 00:11:42 | 00:47:37 | 00:26:29 | 01:25:48 | 120 | 16 | 24 |
| 136 | David | Wright | Unattached | MV | M | 00:11:24 | 00:47:09 | 00:27:19 | 01:25:52 | 121 | 46 | 93 |
| 65 | Hollie | Fisher | Unattached | FS | F | 00:09:35 | 00:45:59 | 00:30:26 | 01:26:01 | 122 | 17 | 25 |
| 84 | James | Cowie | Unattached | MV | M | 00:10:52 | 00:50:36 | 00:24:33 | 01:26:01 | 123 | 47 | 94 |
| 157 | Liam | Redmond | Unattached | MS | M | 00:11:17 | 01:15:11 | | 01:26:28 | 124 | 46 | 95 |
| 16 | Sophie | Noon | Sophie Noon | FS | F | 00:09:11 | 00:46:37 | 00:30:45 | 01:26:34 | 125 | 18 | 26 |
| 51 | Eve | Hornsby | Unattached | FS | F | 00:10:19 | 00:49:06 | 00:27:17 | 01:26:42 | 126 | 19 | 27 |
| 48 | Jane | Hornsby | Unattached | FS | F | 00:11:33 | 00:48:43 | 00:26:27 | 01:26:42 | 127 | 20 | 28 |
| 168 | Nick | Doherty | Unattached | MV | M | 00:10:10 | 00:47:58 | 00:29:08 | 01:27:15 | 128 | 48 | 96 |
| 30 | Amanda | Morgan | Colt | FV | F | 00:12:27 | 00:44:25 | 00:30:48 | 01:27:40 | 129 | 9 | 29 |
| 90 | Steven | Roberts | Unattached | MS | M | 00:10:59 | 00:47:14 | 00:29:29 | 01:27:41 | 130 | 47 | 97 |
| 35 | Sarah | Ruston | Kendal Tri Club | FV | F | 00:11:40 | 00:46:57 | 00:29:19 | 01:27:56 | 131 | 10 | 30 |
| 107 | Ian | Gittins | Unattached | MS | M | 00:13:28 | 00:49:05 | 00:25:34 | 01:28:08 | 132 | 48 | 98 |
| 238 | Alison | Walker | Arragons | FS | F | 00:10:11 | 00:47:47 | 00:30:18 | 01:28:15 | 133 | 21 | 31 |
| 164 | Martin | Robinson | Unattached | MS | M | 00:10:59 | 00:47:17 | 00:30:14 | 01:28:30 | 134 | 49 | 99 |
| 130 | Ernie | Davidson | Unattached | MV | M | 00:12:46 | 00:47:21 | 00:28:26 | 01:28:34 | 135 | 49 | 100 |
| 115 | Tony | Mcnaughton | Unattached | MV | M | 00:14:57 | 00:49:43 | 00:23:57 | 01:28:38 | 136 | 50 | 101 |
| 240 | Ashley | Holden | Unattached | FS | F | 00:13:18 | 00:47:13 | 00:28:11 | 01:28:42 | 137 | 22 | 32 |
| 103 | Paul | Teasdale | Unattached | MV | M | 00:11:58 | 00:48:46 | 00:28:04 | 01:28:48 | 138 | 51 | 102 |
| 134 | Michael | Williamson | Unattached | MV | M | 00:12:40 | 00:47:28 | 00:28:43 | 01:28:51 | 139 | 52 | 103 |
| 19 | Sarah | Graham | Unattached | FS | F | 00:11:48 | 01:17:05 | | 01:28:53 | 140 | 23 | 33 |
| 166 | Paul | Medcalfe | Unattached | MV | M | 00:09:37 | 00:50:32 | 00:28:45 | 01:28:53 | 141 | 53 | 104 |
| 25 | Rebecca | Boocock | Parbold Pink Panthers | FV | F | 00:13:17 | 00:47:47 | 00:27:51 | 01:28:55 | 142 | 11 | 34 |
| 105 | Alan | Hutchinson | Unattached | MV | M | 00:15:21 | 00:48:33 | 00:25:06 | 01:29:00 | 143 | 54 | 105 |
| 21 | Penny | Oliver | Arragons | FV | F | 00:11:44 | 01:17:33 | | 01:29:17 | 144 | 12 | 35 |
| 76 | Graham | Robinson | Unattached | MV | M | 00:15:51 | 00:47:31 | 00:26:43 | 01:30:04 | 145 | 55 | 106 |
| 7 | Angie | Trippitt | Unattached | FV | F | 00:12:32 | 00:47:34 | 00:30:00 | 01:30:05 | 146 | 13 | 36 |
| 36 | Hazel | Parsons | Unattached | FS | F | 00:11:00 | 00:48:25 | 00:30:56 | 01:30:22 | 147 | 24 | 37 |
| 44 | Sarah | Briggs | Unattached | FV | F | 00:12:09 | 00:48:50 | 00:30:10 | 01:31:09 | 148 | 14 | 38 |
| 144 | Tony | Murfin | Unattached | MV | M | 00:13:49 | 00:46:07 | 00:31:16 | 01:31:12 | 149 | 56 | 107 |
| 155 | Phil | Ross | Team Ulfur | MV | M | 00:10:48 | 00:47:09 | 00:33:21 | 01:31:18 | 150 | 57 | 108 |
| 23 | Helen | Park | Kenda | FS | F | 00:10:36 | 00:50:02 | 00:30:56 | 01:31:34 | 151 | 25 | 39 |
| 114 | Mark | Shepherd | Kendal Tri Club | MV | M | 00:13:55 | 00:44:29 | 00:33:23 | 01:31:47 | 152 | 58 | 109 |
| 124 | Craig | Shaw | Colt | MV | M | 00:12:16 | 00:55:10 | 00:24:25 | 01:31:52 | 153 | 59 | 110 |
| 49 | Joanna | Townley | Unattached | FS | F | 00:11:37 | 00:52:37 | 00:27:53 | 01:32:07 | 154 | 26 | 40 |
| 46 | Victoria | Buckley | Kendal | FV | F | 00:10:43 | 00:50:41 | 00:31:00 | 01:32:24 | 155 | 15 | 41 |
| 64 | Jane | Palin | Lancaster Colts | FV | F | 00:11:44 | 00:49:24 | 00:32:43 | 01:33:51 | 156 | 16 | 42 |
| 43 | Leigh | Williams | Unattached | FS | F | 00:13:07 | 00:48:05 | 00:32:47 | 01:33:59 | 157 | 27 | 43 |
| 8 | Kate | Formstone | Fleetwood Tri Club | FS | F | 00:12:01 | 00:49:21 | 00:32:55 | 01:34:16 | 158 | 28 | 44 |
| 224 | Graeme | Park | Unattached | MS | M | 00:21:45 | 00:45:44 | 00:27:04 | 01:34:34 | 159 | 50 | 111 |
| 147 | Philip | Sumner | Ribble Valley Tri | MV | M | 00:10:57 | 00:50:27 | 00:33:12 | 01:34:36 | 160 | 60 | 112 |
| 77 | David | Tesseyman | Unattached | MV | M | 00:15:45 | 00:48:15 | 00:30:49 | 01:34:49 | 161 | 61 | 113 |
| 113 | Philip | Siggers | Unattached | MV | M | 00:12:13 | 00:52:16 | 00:30:25 | 01:34:54 | 162 | 62 | 114 |
| 14 | Caroline | Leigh | Sleekerswimmer | FS | F | 00:09:21 | 00:57:21 | 00:28:50 | 01:35:31 | 163 | 29 | 45 |
| 58 | Rachel | Williams | Team Manvers | FS | F | 00:09:48 | 00:53:19 | 00:32:26 | 01:35:32 | 164 | 30 | 46 |
| 119 | Richard | Procter | Dumfries Triathlon Club | MV | M | 00:13:05 | 00:50:03 | 00:33:13 | 01:36:21 | 165 | 63 | 115 |
| 56 | Deborah | Armstrong | Unattached | FS | F | 00:09:10 | 00:55:54 | 00:31:19 | 01:36:22 | 166 | 31 | 47 |
| 72 | Jude | Swan | Kendal Tri | FS | F | 00:13:08 | 00:49:12 | 00:34:39 | 01:36:59 | 167 | 32 | 48 |
| 143 | Chris | Liptrot | Unattached | MV | M | 01:05:14 | | 00:31:47 | 01:37:01 | 168 | 64 | 116 |
| 2 | Lyle | Aitken | Simplybrill | T | T | 00:11:41 | 00:53:42 | 00:31:54 | 01:37:17 | 169 | 5 | 5 |
| 139 | Mark | Gatrell | Unattached | MV | M | 00:11:41 | 00:50:32 | 00:35:21 | 01:37:34 | 170 | 65 | 117 |

| Bib | First | Last | Club | Cat | Sex | Swim | Bike | Run | Finish | OA | Cat | Sex |
|-----|------------|-------------|-------------------------|-----|-----|----------|----------|----------|----------|-----|-----|-----|
| 61 | Beth | Doherty | Fleetwood Tri Club | FS | F | 00:08:59 | 00:51:58 | 00:36:40 | 01:37:37 | 171 | 33 | 49 |
| 42 | Andrea | Davis | Unattached | FV | F | 00:11:51 | 00:51:23 | 00:35:27 | 01:38:41 | 172 | 17 | 50 |
| 94 | Daniel | Murphy | Unattached | MS | M | 00:14:32 | 00:53:46 | 00:30:24 | 01:38:41 | 173 | 51 | 118 |
| 39 | Kelly | Haworth | Darwen Leisure Centre | FS | F | 00:11:15 | 00:55:19 | 00:32:22 | 01:38:56 | 174 | 34 | 51 |
| 83 | Barry | Fitzsimmons | Unattached | MV | M | 00:14:34 | 00:52:02 | 00:33:12 | 01:39:48 | 175 | 66 | 119 |
| 222 | Jill | Robertson | Unattached | FV | F | 00:11:49 | 00:57:28 | 00:30:36 | 01:39:53 | 176 | 18 | 52 |
| 1 | Emma | Lewis | The Real Deal | T | T | 00:11:58 | 00:59:29 | 00:28:46 | 01:40:13 | 177 | 6 | 6 |
| 235 | Trevor | McCoy | Unattached | MV | M | 00:11:55 | 01:00:49 | 00:27:37 | 01:40:22 | 178 | 67 | 120 |
| 26 | Helen | Ainsworth | Unattached | FS | F | 00:11:33 | 00:58:24 | 00:30:58 | 01:40:55 | 179 | 35 | 53 |
| 86 | Gordon | Graham | Unattached | MV | M | 00:13:00 | 00:54:06 | 00:34:00 | 01:41:05 | 180 | 68 | 121 |
| 131 | Martin | Read | Unattached | MV | M | 00:15:00 | 00:55:35 | 00:30:34 | 01:41:09 | 181 | 69 | 122 |
| 78 | David | Watson | Unattached | MV | M | 00:17:04 | 00:51:26 | 00:33:52 | 01:42:22 | 182 | 70 | 123 |
| 116 | Richard | Mavor | Unattached | MV | M | 00:13:11 | 00:54:39 | 00:34:53 | 01:42:44 | 183 | 71 | 124 |
| 200 | Helen | Minshall | Unattached | FV | F | 00:10:36 | 00:51:14 | 00:41:02 | 01:42:52 | 184 | 19 | 54 |
| 27 | Katie | Sims | Unattached | FS | F | 00:13:05 | 00:55:01 | 00:35:17 | 01:43:24 | 185 | 36 | 55 |
| 37 | Victoria | Harrison | Unattached | FS | F | 00:11:30 | 00:58:35 | 00:34:18 | 01:44:23 | 186 | 37 | 56 |
| 15 | Suzanne | Sumner | Ribble Valley Tri | FV | F | 00:15:16 | 00:55:48 | 00:33:55 | 01:44:59 | 187 | 20 | 57 |
| 38 | Catherine | Porter | Kendal | FS | F | 00:12:43 | 01:00:13 | 00:33:27 | 01:46:23 | 188 | 38 | 58 |
| 106 | Andrew | Kingston | Unattached | MV | M | 00:11:24 | 00:52:07 | 00:43:50 | 01:47:20 | 189 | 72 | 125 |
| 87 | Wg | Jackson | Unattached | MS | M | 00:13:12 | 00:55:01 | 00:40:40 | 01:48:52 | 190 | 52 | 126 |
| 227 | Will | Stewart | Unattached | MS | M | | 01:16:06 | 00:33:06 | 01:49:12 | 191 | 53 | 127 |
| 29 | Mia | Gatrell | Unattached | FV | F | 00:13:38 | 01:02:02 | 00:33:40 | 01:49:20 | 192 | 21 | 59 |
| 11 | Lisa | Stilling | My Tri Club | FV | F | 00:13:10 | 00:55:09 | 00:41:17 | 01:49:36 | 193 | 22 | 60 |
| 98 | Donna | Chester | Unattached | MS | M | 00:16:10 | 01:02:20 | 00:31:21 | 01:49:51 | 194 | 54 | 128 |
| 18 | Carrie Ann | Booth | Unattached | FS | F | 00:11:47 | 01:04:07 | 00:35:33 | 01:51:26 | 195 | 39 | 61 |
| 13 | Vicki | kq | Stirling Triathlon Club | FS | F | 00:15:08 | 01:00:52 | 00:39:02 | 01:55:02 | 196 | 40 | 62 |
| 104 | Simon | Chester | Unattached | MV | M | 00:11:57 | 01:06:36 | 00:39:57 | 01:58:30 | 197 | 73 | 129 |
| 226 | Adam | Stubs | Unattached | MS | M | 00:23:17 | 00:57:31 | 00:38:56 | 01:59:44 | 198 | 55 | 130 |
| 22 | Gill | Gardner | Kendal Tri | FV | F | 00:13:03 | 01:05:01 | 00:49:46 | 02:07:51 | 199 | 23 | 63 |
| 31 | Tracey | Procter | Unattached | FV | F | 00:14:49 | 01:04:52 | 00:48:45 | 02:08:27 | 200 | 24 | 64 |
| 17 | Leanne | Murphy | Murphy | FS | F | 00:14:28 | 01:19:26 | 00:34:47 | 02:08:41 | 201 | 41 | 65 |
| 69 | Gema | Adams | Preston Tri | FS | F | 00:07:25 | | | | DNF | | |