

Capernwray Midweek Triathlon 2											
11th of July											
Bib	FirstName	LastName	Sex	Swim	T1	Bike	T2	Run	Overall	Overall	Sex
142	Beau	Smith	M	06:37.5	00:00:42.60	00:31:13.60	00:00:37.25	00:17:18.70	00:56:29.60	1	1
150	Kieran	Rowlands	M	07:56.8	00:00:51.75	00:31:10.25	00:00:37.05	00:18:18.30	00:58:54.15	2	2
148	Alastair	Weymouth	M	07:26.2	00:01:04.40	00:34:52.75	00:00:50.35	00:16:26.25	01:00:39.90	3	3
108	Peter	Denness	M	07:45.5	00:01:14.65	00:31:31.60	00:00:50.75	00:19:31.50	01:00:54.00	4	4
147	Neil	Wearden	M	09:28.6	00:00:53.10	00:31:49.05	00:00:35.20	00:19:51.15	01:02:37.10	5	5
120	Christine	Johnson	F	07:45.6	00:00:52.10	00:34:12.55	00:01:00.70	00:21:49.20	01:05:40.15	6	1
151	Tony	Hindle	M	09:42.9	00:01:27.60	00:34:22.40	00:00:45.25	00:20:15.10	01:06:33.25	7	6
141	Adrian	Rushworth	M	10:02.0	00:01:33.45	00:32:26.30	00:00:57.95	00:21:41.10	01:06:40.75	8	7
139	Paul	Rickerby	M	08:00.6	00:01:04.85	00:36:00.35	00:00:41.40	00:21:06.55	01:06:53.75	9	8
131	Stephen	Nelson	M	10:04.7	00:01:31.90	00:35:08.15	00:00:51.25	00:20:06.75	01:07:42.70	10	9
128	Jonathan	Mercer	M	10:08.1	00:01:11.40	00:34:59.75	00:00:44.50	00:21:18.05	01:08:21.75	11	10
122	Tony	Keigher	M	11:54.8	00:02:22.85	00:32:04.85	00:00:54.80	00:21:12.85	01:08:30.20	12	11
159	Ian	Shaw	M	09:44.3	00:01:46.65	00:34:47.05	00:00:01.00	00:22:01.00	01:09:19.00	13	12
118	Andrew	Hynes	M	10:01.5	00:01:17.30	00:33:58.10	00:00:45.35	00:23:32.00	01:09:34.30	14	13
160	Chris	Horner	M	11:36.7	00:02:14.30	00:34:48.55	00:00:50.25	00:20:34.60	01:10:04.35	15	14
111	John	Fenwick	M	11:17.1	00:01:37.80	00:32:35.75	00:01:08.60	00:23:43.10	01:10:22.30	16	15
127	Clive	Mcmullen	M	10:12.2	00:01:51.95	00:35:25.75	00:01:09.40	00:21:50.35	01:10:29.60	17	16
104	Ian	Catlow	M	10:14.3	00:02:00.65	00:36:26.60	00:01:01.05	00:21:41.15	01:11:23.75	18	17
138	Tony	Preston	M	11:06.5	00:01:14.10	00:35:52.75	00:00:52.90	00:22:52.10	01:11:58.30	19	18
129	Suzanne	Monkhouse	F	11:45.2	00:01:31.20	00:36:32.25	00:00:49.65	00:21:21.35	01:11:59.65	20	2
157	John	Newsham	M	11:43.9	00:02:06.60	00:34:11.55	00:01:09.25	00:22:51.40	01:12:02.65	21	19
158	Paul	Otway	M	10:10.8	00:01:48.95	00:36:41.10	00:00:57.20	00:22:42.55	01:12:20.65	22	20
126	Mark	Mahoney	M	09:42.0	00:02:27.85	00:36:33.65	00:01:22.10	00:22:56.80	01:13:02.45	23	21
106	Craig	Cubbins	M	10:56.8	00:01:47.15	00:36:07.55	00:00:48.55	00:24:08.10	01:13:48.15	24	22
101	Lee	Anderson	M	09:52.1	00:01:19.40	00:38:21.70	00:00:52.30	00:23:56.40	01:14:21.90	25	23
137	Tim	Porter	M	09:53.3	00:01:22.65	00:37:33.75	00:00:52.85	00:25:28.70	01:15:11.25	26	24
121	William	Johnstone	M	11:06.8	00:02:47.25	00:38:23.40	00:01:06.40	00:22:00.00	01:15:23.85	27	25
116	Nicholas	Hinde	M	10:17.6	00:01:58.00	00:37:25.25	00:01:05.35	00:25:17.90	01:16:04.10	28	26
140	Danny	Rogerson	M	11:32.8	00:01:09.40	00:35:23.90	00:01:02.70	00:26:55.80	01:16:04.55	29	27
114	Peter	Harrison	M	11:36.8	00:01:34.75	00:38:46.90	00:01:45.00	00:22:25.65	01:16:09.10	30	28
149	Josh	Varty	M	10:42.7	00:01:50.80	00:33:26.30	00:01:15.00	00:29:06.40	01:16:21.15	31	29
105	Daniel	Cottle	M	11:26.6	00:03:08.85	00:38:39.60	00:00:47.35	00:22:22.65	01:16:25.00	32	30
155	Steven	Cooper	M	08:46.9	00:03:30.35	00:41:44.50	00:00:48.45	00:21:35.95	01:16:26.15	33	31
107	Thomas	Dean-Betts	M	11:07.9	00:02:25.55	00:38:34.70	00:01:51.20	00:23:38.15	01:17:37.55	34	32
109	Heather	Dixon	F	10:42.3	00:01:35.60	00:39:54.00	00:01:17.65	00:24:15.00	01:17:44.55	35	3
112	Mark	Fraser	M	11:01.6	00:02:39.95	00:37:42.15	00:00:59.50	00:25:22.15	01:17:45.30	36	33
145	Richard	Wainwright	M	13:11.8	00:01:59.05	00:36:03.95	00:01:10.70	00:25:34.60	01:18:00.05	37	34
102	Stu	Bennett	M	11:49.4	00:02:13.80	00:37:47.45	00:01:13.45	00:25:01.65	01:18:05.70	38	35
119	Peter	Jagan	M	12:57.0	00:02:28.70	00:37:11.05	00:01:03.40	00:25:07.75	01:18:47.95	39	36
135	Craig	Peart	M	11:59.4	00:02:28.10	00:37:51.05	00:01:16.70	00:25:17.45	01:18:52.70	40	37
136	Elspeth	Pennington	F	10:51.5	00:01:57.50	00:40:23.95	00:00:51.70	00:26:11.40	01:20:16.00	41	4
143	Joseph	Smith	M	12:25.5	00:02:45.50	00:40:18.50	00:00:58.20	00:24:44.65	01:21:12.30	42	38
125	Deborah	Mahoney	F	12:18.4	00:04:06.95	00:40:23.95	00:00:39.40	00:23:55.70	01:21:24.35	43	5
153	Steve	Banks	M	11:32.7	00:02:34.30	00:38:25.50	00:01:19.65	00:28:16.50	01:22:08.60	44	39
162	Louise	Goddare	F	14:20.3	00:02:43.55	00:42:12.50	00:00:52.40	00:22:26.35	01:22:35.10	45	6
132	Stewart	Newberry	M	12:14.3	00:02:33.30	00:40:05.00	00:01:10.00	00:27:10.90	01:23:13.50	46	40
115	Jennifer	Helm	F	11:42.5	00:02:43.00	00:41:27.80	00:01:21.20	00:26:22.50	01:23:36.95	47	7
156	John	Carron	M	15:56.4	00:02:41.65	00:39:09.60	00:01:24.45	00:26:16.60	01:25:28.65	48	41
134	John	Osborn	M	12:09.7	00:01:41.30	00:39:52.45	00:01:25.35	00:31:23.75	01:26:32.50	49	42
110	Jenny	Evan	F	11:10.4	00:01:52.70	00:48:37.25	00:01:27.45	00:24:57.20	01:28:05.00	50	8
152	Rachel	Tilburn	F	11:31.8	00:02:57.80	00:45:02.30	00:00:57.60	00:28:19.40	01:28:48.95	51	9
146	Janet	Wainwright	F	13:21.3	00:02:19.85	00:42:12.05	00:01:05.35	00:30:05.60	01:29:04.15	52	10
103	Michael	Burkitt	M	14:11.5	00:02:16.40	00:43:01.40	00:00:50.05	00:29:03.10	01:29:22.45	53	43

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Bib	FirstName	LastName	Sex	Swim	T1	Bike	T2	Run	Overall	Overall	Sex
123	Claire	Livesey	F	13:17.5	00:03:05.65	00:41:24.80	00:01:31.10	00:32:08.60	01:31:27.60	54	11
124	Peter	Macfarlane	M	15:14.0	00:02:30.80	00:47:13.10	00:01:19.85	00:26:01.70	01:32:19.45	55	44
130	Nigel	Neil	M	15:03.8	00:03:20.80	00:43:00.35	00:02:13.35	00:29:24.50	01:33:02.80	56	45
161	Gemma	Chatters	F	10:35.9	00:04:10.95	00:51:01.20	00:00:49.95	00:29:00.90	01:35:38.85	57	12
154	Sarah	Kelly	F	13:17.3	00:02:52.55	00:45:44.70	00:01:34.90	00:33:47.80	01:37:17.25	58	13
113	Vicki	Gale	F	13:49.3	00:02:43.70	00:56:15.25	00:01:30.90	00:36:33.80	01:50:52.95	59	14

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11th of July

Bib	FirstName	LastName	Sex	Swim	T1	Bike	T2	Run	Overall	Overall	Sex
142	Beau	Smith	M	06:37.5	00:00:42.60	00:31:13.60	00:00:37.25	00:17:18.70	00:56:29.60	1	1
150	Kieran	Rowlands	M	07:56.8	00:00:51.75	00:31:10.25	00:00:37.05	00:18:18.30	00:58:54.15	2	2
148	Alastair	Weymouth	M	07:26.2	00:01:04.40	00:34:52.75	00:00:50.35	00:16:26.25	01:00:39.90	3	3
108	Peter	Denness	M	07:45.5	00:01:14.65	00:31:31.60	00:00:50.75	00:19:31.50	01:00:54.00	4	4
147	Neil	Wearden	M	09:28.6	00:00:53.10	00:31:49.05	00:00:35.20	00:19:51.15	01:02:37.10	5	5
120	Christine	Johnson	F	07:45.6	00:00:52.10	00:34:12.55	00:01:00.70	00:21:49.20	01:05:40.15	6	1
151	Tony	Hindle	M	09:42.9	00:01:27.60	00:34:22.40	00:00:45.25	00:20:15.10	01:06:33.25	7	6
141	Adrian	Rushworth	M	10:02.0	00:01:33.45	00:32:26.30	00:00:57.95	00:21:41.10	01:06:40.75	8	7
139	Paul	Rickerby	M	08:00.6	00:01:04.85	00:36:00.35	00:00:41.40	00:21:06.55	01:06:53.75	9	8
131	Stephen	Nelson	M	10:04.7	00:01:31.90	00:35:08.15	00:00:51.25	00:20:06.75	01:07:42.70	10	9
128	Jonathan	Mercer	M	10:08.1	00:01:11.40	00:34:59.75	00:00:44.50	00:21:18.05	01:08:21.75	11	10
122	Tony	Keigher	M	11:54.8	00:02:22.85	00:32:04.85	00:00:54.80	00:21:12.85	01:08:30.20	12	11
159	Ian	Shaw	M	09:44.3	00:01:46.65	00:34:47.05	00:00:01.00	00:22:01.00	01:09:19.00	13	12
118	Andrew	Hynes	M	10:01.5	00:01:17.30	00:33:58.10	00:00:45.35	00:23:32.00	01:09:34.30	14	13
160	Chris	Horner	M	11:36.7	00:02:14.30	00:34:48.55	00:00:50.25	00:20:34.60	01:10:04.35	15	14
111	John	Fenwick	M	11:17.1	00:01:37.80	00:32:35.75	00:01:08.60	00:23:43.10	01:10:22.30	16	15
127	Clive	Mcmullen	M	10:12.2	00:01:51.95	00:35:25.75	00:01:09.40	00:21:50.35	01:10:29.60	17	16
104	Ian	Catlow	M	10:14.3	00:02:00.65	00:36:26.60	00:01:01.05	00:21:41.15	01:11:23.75	18	17
138	Tony	Preston	M	11:06.5	00:01:14.10	00:35:52.75	00:00:52.90	00:22:52.10	01:11:58.30	19	18
129	Suzanne	Monkhouse	F	11:45.2	00:01:31.20	00:36:32.25	00:00:49.65	00:21:21.35	01:11:59.65	20	2
157	John	Newsham	M	11:43.9	00:02:06.60	00:34:11.55	00:01:09.25	00:22:51.40	01:12:02.65	21	19
158	Paul	Otway	M	10:10.8	00:01:48.95	00:36:41.10	00:00:57.20	00:22:42.55	01:12:20.65	22	20
126	Mark	Mahoney	M	09:42.0	00:02:27.85	00:36:33.65	00:01:22.10	00:22:56.80	01:13:02.45	23	21
106	Craig	Cubbins	M	10:56.8	00:01:47.15	00:36:07.55	00:00:48.55	00:24:08.10	01:13:48.15	24	22
101	Lee	Anderson	M	09:52.1	00:01:19.40	00:38:21.70	00:00:52.30	00:23:56.40	01:14:21.90	25	23
137	Tim	Porter	M	09:53.3	00:01:22.65	00:37:33.75	00:00:52.85	00:25:28.70	01:15:11.25	26	24
121	William	Johnstone	M	11:06.8	00:02:47.25	00:38:23.40	00:01:06.40	00:22:00.00	01:15:23.85	27	25
116	Nicholas	Hinde	M	10:17.6	00:01:58.00	00:37:25.25	00:01:05.35	00:25:17.90	01:16:04.10	28	26
140	Danny	Rogerson	M	11:32.8	00:01:09.40	00:35:23.90	00:01:02.70	00:26:55.80	01:16:04.55	29	27
114	Peter	Harrison	M	11:36.8	00:01:34.75	00:38:46.90	00:01:45.00	00:22:25.65	01:16:09.10	30	28
149	Josh	Varty	M	10:42.7	00:01:50.80	00:33:26.30	00:01:15.00	00:29:06.40	01:16:21.15	31	29
105	Daniel	Cottle	M	11:26.6	00:03:08.85	00:38:39.60	00:00:47.35	00:22:22.65	01:16:25.00	32	30
155	Steven	Cooper	M	08:46.9	00:03:30.35	00:41:44.50	00:00:48.45	00:21:35.95	01:16:26.15	33	31
107	Thomas	Dean-Betts	M	11:07.9	00:02:25.55	00:38:34.70	00:01:51.20	00:23:38.15	01:17:37.55	34	32
109	Heather	Dixon	F	10:42.3	00:01:35.60	00:39:54.00	00:01:17.65	00:24:15.00	01:17:44.55	35	3
112	Mark	Fraser	M	11:01.6	00:02:39.95	00:37:42.15	00:00:59.50	00:25:22.15	01:17:45.30	36	33
145	Richard	Wainwright	M	13:11.8	00:01:59.05	00:36:03.95	00:01:10.70	00:25:34.60	01:18:00.05	37	34
102	Stu	Bennett	M	11:49.4	00:02:13.80	00:37:47.45	00:01:13.45	00:25:01.65	01:18:05.70	38	35
119	Peter	Jagan	M	12:57.0	00:02:28.70	00:37:11.05	00:01:03.40	00:25:07.75	01:18:47.95	39	36
135	Craig	Peart	M	11:59.4	00:02:28.10	00:37:51.05	00:01:16.70	00:25:17.45	01:18:52.70	40	37
136	Elspeth	Pennington	F	10:51.5	00:01:57.50	00:40:23.95	00:00:51.70	00:26:11.40	01:20:16.00	41	4
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162	Louise	Goddare	F	14:20.3	00:02:43.55	00:42:12.50	00:00:52.40	00:22:26.35	01:22:35.10	45	6
132	Stewart	Newberry	M	12:14.3	00:02:33.30	00:40:05.00	00:01:10.00	00:27:10.90	01:23:13.50	46	40
115	Jennifer	Helm	F	11:42.5	00:02:43.00	00:41:27.80	00:01:21.20	00:26:22.50	01:23:36.95	47	7
156	John	Carron	M	15:56.4	00:02:41.65	00:39:09.60	00:01:24.45	00:26:16.60	01:25:28.65	48	41
134	John	Osborn	M	12:09.7	00:01:41.30	00:39:52.45	00:01:25.35	00:31:23.75	01:26:32.50	49	42
110	Jenny	Evan	F	11:10.4	00:01:52.70	00:48:37.25	00:01:27.45	00:24:57.20	01:28:05.00	50	8
152	Rachel	Tilburn	F	11:31.8	00:02:57.80	00:45:02.30	00:00:57.60	00:28:19.40	01:28:48.95	51	9
146	Janet	Wainwright	F	13:21.3	00:02:19.85	00:42:12.05	00:01:05.35	00:30:05.60	01:29:04.15	52	10
103	Michael	Burkitt	M	14:11.5	00:02:16.40	00:43:01.40	00:00:50.05	00:29:03.10	01:29:22.45	53	43

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124	Peter	Macfarlane	M	15:14.0	00:02:30.80	00:47:13.10	00:01:19.85	00:26:01.70	01:32:19.45	55	44
130	Nigel	Neil	M	15:03.8	00:03:20.80	00:43:00.35	00:02:13.35	00:29:24.50	01:33:02.80	56	45
161	Gemma	Chatters	F	10:35.9	00:04:10.95	00:51:01.20	00:00:49.95	00:29:00.90	01:35:38.85	57	12
154	Sarah	Kelly	F	13:17.3	00:02:52.55	00:45:44.70	00:01:34.90	00:33:47.80	01:37:17.25	58	13
113	Vicki	Gale	F	13:49.3	00:02:43.70	00:56:15.25	00:01:30.90	00:36:33.80	01:50:52.95	59	14

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120	Christine	Johnson	F	07:45.6	00:00:52.10	00:34:12.55	00:01:00.70	00:21:49.20	01:05:40.15	6	1
151	Tony	Hindle	M	09:42.9	00:01:27.60	00:34:22.40	00:00:45.25	00:20:15.10	01:06:33.25	7	6
141	Adrian	Rushworth	M	10:02.0	00:01:33.45	00:32:26.30	00:00:57.95	00:21:41.10	01:06:40.75	8	7
139	Paul	Rickerby	M	08:00.6	00:01:04.85	00:36:00.35	00:00:41.40	00:21:06.55	01:06:53.75	9	8
131	Stephen	Nelson	M	10:04.7	00:01:31.90	00:35:08.15	00:00:51.25	00:20:06.75	01:07:42.70	10	9
128	Jonathan	Mercer	M	10:08.1	00:01:11.40	00:34:59.75	00:00:44.50	00:21:18.05	01:08:21.75	11	10
122	Tony	Keigher	M	11:54.8	00:02:22.85	00:32:04.85	00:00:54.80	00:21:12.85	01:08:30.20	12	11
159	Ian	Shaw	M	09:44.3	00:01:46.65	00:34:47.05	00:00:01.00	00:22:01.00	01:09:19.00	13	12
118	Andrew	Hynes	M	10:01.5	00:01:17.30	00:33:58.10	00:00:45.35	00:23:32.00	01:09:34.30	14	13
160	Chris	Horner	M	11:36.7	00:02:14.30	00:34:48.55	00:00:50.25	00:20:34.60	01:10:04.35	15	14
111	John	Fenwick	M	11:17.1	00:01:37.80	00:32:35.75	00:01:08.60	00:23:43.10	01:10:22.30	16	15
127	Clive	Mcmullen	M	10:12.2	00:01:51.95	00:35:25.75	00:01:09.40	00:21:50.35	01:10:29.60	17	16
104	Ian	Catlow	M	10:14.3	00:02:00.65	00:36:26.60	00:01:01.05	00:21:41.15	01:11:23.75	18	17
138	Tony	Preston	M	11:06.5	00:01:14.10	00:35:52.75	00:00:52.90	00:22:52.10	01:11:58.30	19	18
129	Suzanne	Monkhouse	F	11:45.2	00:01:31.20	00:36:32.25	00:00:49.65	00:21:21.35	01:11:59.65	20	2
157	John	Newsham	M	11:43.9	00:02:06.60	00:34:11.55	00:01:09.25	00:22:51.40	01:12:02.65	21	19
158	Paul	Otway	M	10:10.8	00:01:48.95	00:36:41.10	00:00:57.20	00:22:42.55	01:12:20.65	22	20
126	Mark	Mahoney	M	09:42.0	00:02:27.85	00:36:33.65	00:01:22.10	00:22:56.80	01:13:02.45	23	21
106	Craig	Cubbins	M	10:56.8	00:01:47.15	00:36:07.55	00:00:48.55	00:24:08.10	01:13:48.15	24	22
101	Lee	Anderson	M	09:52.1	00:01:19.40	00:38:21.70	00:00:52.30	00:23:56.40	01:14:21.90	25	23
137	Tim	Porter	M	09:53.3	00:01:22.65	00:37:33.75	00:00:52.85	00:25:28.70	01:15:11.25	26	24
121	William	Johnstone	M	11:06.8	00:02:47.25	00:38:23.40	00:01:06.40	00:22:00.00	01:15:23.85	27	25
116	Nicholas	Hinde	M	10:17.6	00:01:58.00	00:37:25.25	00:01:05.35	00:25:17.90	01:16:04.10	28	26
140	Danny	Rogerson	M	11:32.8	00:01:09.40	00:35:23.90	00:01:02.70	00:26:55.80	01:16:04.55	29	27
114	Peter	Harrison	M	11:36.8	00:01:34.75	00:38:46.90	00:01:45.00	00:22:25.65	01:16:09.10	30	28
149	Josh	Varty	M	10:42.7	00:01:50.80	00:33:26.30	00:01:15.00	00:29:06.40	01:16:21.15	31	29
105	Daniel	Cottle	M	11:26.6	00:03:08.85	00:38:39.60	00:00:47.35	00:22:22.65	01:16:25.00	32	30
155	Steven	Cooper	M	08:46.9	00:03:30.35	00:41:44.50	00:00:48.45	00:21:35.95	01:16:26.15	33	31
107	Thomas	Dean-Betts	M	11:07.9	00:02:25.55	00:38:34.70	00:01:51.20	00:23:38.15	01:17:37.55	34	32
109	Heather	Dixon	F	10:42.3	00:01:35.60	00:39:54.00	00:01:17.65	00:24:15.00	01:17:44.55	35	3
112	Mark	Fraser	M	11:01.6	00:02:39.95	00:37:42.15	00:00:59.50	00:25:22.15	01:17:45.30	36	33
145	Richard	Wainwright	M	13:11.8	00:01:59.05	00:36:03.95	00:01:10.70	00:25:34.60	01:18:00.05	37	34
102	Stu	Bennett	M	11:49.4	00:02:13.80	00:37:47.45	00:01:13.45	00:25:01.65	01:18:05.70	38	35
119	Peter	Jagan	M	12:57.0	00:02:28.70	00:37:11.05	00:01:03.40	00:25:07.75	01:18:47.95	39	36
135	Craig	Peart	M	11:59.4	00:02:28.10	00:37:51.05	00:01:16.70	00:25:17.45	01:18:52.70	40	37
136	Elspeth	Pennington	F	10:51.5	00:01:57.50	00:40:23.95	00:00:51.70	00:26:11.40	01:20:16.00	41	4
143	Joseph	Smith	M	12:25.5	00:02:45.50	00:40:18.50	00:00:58.20	00:24:44.65	01:21:12.30	42	38
125	Deborah	Mahoney	F	12:18.4	00:04:06.95	00:40:23.95	00:00:39.40	00:23:55.70	01:21:24.35	43	5
153	Steve	Banks	M	11:32.7	00:02:34.30	00:38:25.50	00:01:19.65	00:28:16.50	01:22:08.60	44	39
162	Louise	Goddare	F	14:20.3	00:02:43.55	00:42:12.50	00:00:52.40	00:22:26.35	01:22:35.10	45	6
132	Stewart	Newberry	M	12:14.3	00:02:33.30	00:40:05.00	00:01:10.00	00:27:10.90	01:23:13.50	46	40
115	Jennifer	Helm	F	11:42.5	00:02:43.00	00:41:27.80	00:01:21.20	00:26:22.50	01:23:36.95	47	7
156	John	Carron	M	15:56.4	00:02:41.65	00:39:09.60	00:01:24.45	00:26:16.60	01:25:28.65	48	41
134	John	Osborn	M	12:09.7	00:01:41.30	00:39:52.45	00:01:25.35	00:31:23.75	01:26:32.50	49	42
110	Jenny	Evan	F	11:10.4	00:01:52.70	00:48:37.25	00:01:27.45	00:24:57.20	01:28:05.00	50	8
152	Rachel	Tilburn	F	11:31.8	00:02:57.80	00:45:02.30	00:00:57.60	00:28:19.40	01:28:48.95	51	9
146	Janet	Wainwright	F	13:21.3	00:02:19.85	00:42:12.05	00:01:05.35	00:30:05.60	01:29:04.15	52	10
103	Michael	Burkitt	M	14:11.5	00:02:16.40	00:43:01.40	00:00:50.05	00:29:03.10	01:29:22.45	53	43

Capernwray Midweek Triathlon 2

11th of July

Bib	FirstName	LastName	Sex	Swim	T1	Bike	T2	Run	Overall	Overall	Sex
123	Claire	Livesey	F	13:17.5	00:03:05.65	00:41:24.80	00:01:31.10	00:32:08.60	01:31:27.60	54	11
124	Peter	Macfarlane	M	15:14.0	00:02:30.80	00:47:13.10	00:01:19.85	00:26:01.70	01:32:19.45	55	44
130	Nigel	Neil	M	15:03.8	00:03:20.80	00:43:00.35	00:02:13.35	00:29:24.50	01:33:02.80	56	45
161	Gemma	Chatters	F	10:35.9	00:04:10.95	00:51:01.20	00:00:49.95	00:29:00.90	01:35:38.85	57	12
154	Sarah	Kelly	F	13:17.3	00:02:52.55	00:45:44.70	00:01:34.90	00:33:47.80	01:37:17.25	58	13
113	Vicki	Gale	F	13:49.3	00:02:43.70	00:56:15.25	00:01:30.90	00:36:33.80	01:50:52.95	59	14